

SUNDAY

MONDAY ,CONTINUED

TUESDAY , CONTINUED

WEDNESDAY , CONTINUED

9:00 am **New Attitudes** *MensBreakfast* O,M,P,CH
129 North I St., Suite E, Lompoc

9:00 am **Destiny Group** — *Ladies Breakfast* W,O,P,CH
119 North D Street, Lompoc

Noon **Sharing the Message** E,BS,O,P
209 W. Main (back), Suite D, Santa Maria

Noon **Cambria New Attitude** O,P,LD,T,NS
1069 Main Street (upstairs), Cambria

1:00 pm **New Attitudes Group** O,P,CH
129 North I St., Suite E, Lompoc

6:00 pm **Full Blast -Men** M
960 Pismo Ave, Los Osos

6:00 pm **Hard Knocks** S,O,LC,P
3rd Sunday of Month Speaker meeting
2900 union road (around back), Paso Robles

6:00 pm **Sunday Night Serenity** O,P,CH
5318 Palma Ave., Atascadero

7:00 pm **Keep It Simple** O,S
Last Sunday of Month Birthday meeting
3075 Broad St., San Luis Obispo

7:00 pm **Sunday Night Live - 49ers** C,P
1st 49 people get a seat
1767 Front St., Oceano

7:00 pm **New Attitudes Group** O,P,CH
129 North I St., Suite E, Lompoc

7:00 pm **Five Cities Group** O,P,S,MM
First Sunday of Month Speaker meeting
900 N. Oak Park Blvd.,Arroyo Grande

8:00 pm **Sharing the Message** E,O,P,CH
209 W. Main (back), Suite D, Santa Maria

MONDAY

9:00 am **Destiny Group** O,P
119 North D Street, Lompoc

Noon **New Attitudes Group** O,P,CH
129 North I St., Suite E, Lompoc

Noon **Five Cities Group** O
1767 Front St., Oceano

Noon **Paso Robles Noon NA** E,O,P
2900 union road (around back), Paso Robles

Noon **Sharing the Message** O,LC,P
209 W. Main (back), Suite D, Santa Maria

Noon **Santa Maria Survivors** O,P
401 W. Morrison (park on Park St.), Santa Maria

6:00 pm **Women in Recovery** E, G,W,CH
2900 union road (around back), Paso Robles

6:00 pm **Young & Cool** O,P
4500 El Camino Real Atas., (Oct-April)
9100 Morro Rd., Atas. (May-Sep)

6:00 pm **New Attitudes Group** O,CH,P
129 North I St., Suite E, Lompoc

6:30 pm **Give it Away Men’s Meeting** children ok M,C
3500 El Camino Real, Atascadero

7:00 pm **Five Cities Group** O,P,BS
990 Dolliver, Pismo Beach

7:00 pm **The Strugglers** O
1767 Front St., Oceano

7:30 pm **Orcutt Reconnections** C,CH,P
420 Soares Ave., Orcutt

7:30 pm **Hard Knocks Group** O,P,CH
2900 union road (around back), Paso Robles

8:00 pm **Just For Today Group** O,CH,P
3075 Broad St., San Luis Obispo

8:00 pm **Sharing the Message** E,O,P,LC
209 W. Main (back), Suite D, Santa Maria

8:00 pm **New AttitudesGroup** O,P
129 North I St., Suite E, Lompoc

TUESDAY

9:00 am **Destiny Group** O,P
119 North D Street, Lompoc

Noon **Five Cities Group** O, P, T
1767 Front St., Oceano

Noon **New Attitudes Group** O,P,CH
129 North I St., Suite E, Lompoc

Noon **Paso Robles Noon NA** E, O, P
2900 union road (around back), Paso Robles

Noon **Sharing the Message** E,O,LC,P
209 W. Main (back), Suite D, Santa Maria

Noon **Santa Maria Survivors** O,P
401 W. Morrison (park on Park St.), Santa Maria

Noon **A-Town Nooner** O,P
8600 Atascadero Ave. Atascadero

6:00 pm **Keep It Simple** O,P
3500 El Camino Real, Atascadero

6:00 pm **Gratitude Girls** W,P,CH
No meeting the last Tuesday of the month
990 Dolliver, Pismo Beach

6:00 pm **Simple Recovery** O,P
5850 Rosario St.,Atascadero

7:00 pm **New Attitudes Group** O,P,CH,B
Birthday Last Tuesday of the Month
129 North I St., Suite E, Lompoc

7:00 pm **S’more Recovery Bon-fire Mtg.** O,P
1767 Front St., Oceano

7:00 pm **No Nonsense Group** C, ST
1701 Fredericks Street, San Luis Obispo

7:00 pm **Five Cities Birthday Speaker Meeting** O,S,CH
Only Last Tuesday of Month
900 N. Oak Park Blvd.,Arroyo Grande

7:30 pm **Bingo Recovery** O,CH,P
1335 Park St.(in the alley-knock on door), Paso Robles

7:30 pm **Five Cities Group - Men** M,P,CH
No meetingLast Tuesday of Month
990 Dolliver, Pismo Beach

8:00 pm **Sharing the Message** E,O,LC,P,CL
209 W. Main (back), Suite D, Santa Maria

WEDNESDAY

9:00 am **Living Clean Bookstudy - Women** W,BS
3075 Broad St., San Luis Obispo

9:00 am **Destiny Group** O,P
119 North D Street, Lompoc

Noon **New Attitudes Group** O,P,CH
129 North I St., Suite E, Lompoc

Noon **Paso Robles Noon NA** O, P
2900 union road (around back), Paso Robles

Noon **Five Cities Group** O
1767 Front St., Oceano

Noon **Sharing the Message** E,O,P
209 W. Main (back), Suite D, Santa Maria

Noon **Santa Maria Survivors** O,P
401 W. Morrison (park on Park St.), Santa Maria

5:30 pm **Recovery Quest** O,P,BS
3075 Broad St., SLO

6:00 pm **New Attitudes Group** O,CH,ST,P
129 North I St., Suite E, Lompoc

6:00 pm **Men’s Stag** M,P
1825 San Ramon Rd., Atascadero

6:00 pm **For The Long Haul** O,CH,P
200 E. Dana St, Nipomo

6:30 pm **Wednesday NA Bookstudy** O,BS,P
8600 Atascadero Ave.,Atascadero

6:30 pm **New Attitudes Group** *Outdoor Speaker* S
133 North F St., Lompoc

6:30 pm **Hard Knocks** O,LC,CH
Last Wed of Month Birthday Meeting
2900 union road, Paso Robles

7:00 pm **Serenity by Candlelight - Women** W, CL
1462 7th St., Los Osos

7:00 pm **A Few Good Addicts** O,BS,P
1767 Front St., Oceano

7:00 pm **Rockstar Recovery** O, CH
Speaker Mtg. 2nd Wed of Month
2939 Augusta St., SLO

8:00 pm **New Attitudes** O,P,CH,BS
129 North I St., Suite E, Lompoc

8:00 pm **Sharing the Message** E,O,LC,P
209 W. Main (back), Suite D, Santa Maria

THURSDAY

9:00 am **Destiny Group** O,P
119 North D Street, Lompoc

Noon **A-Town Nooner** O,P
8600 Atascadero Ave. Atascadero

Noon **New Attitudes Group** O,CH,P
129 North I St., Suite E, Lompoc

Noon **Paso Robles Noon NA** E,O,P
2900 union road (around back), Paso Robles

Noon **Five Cities Group** O,P,ST,CH
1767 Front St., Oceano

Noon **Sharing the Message** E,O,P,LC
209 W. Main (back), Suite D, Santa Maria

Noon **Santa Maria Survivors** O,P
401 W. Morrison (park on Park St.), Santa Maria

6:00 pm **A-Town NA** O,P
3500 El Camino Real, Atascadero

7:00 pm **Last House on the Block** LC,O,CH,P
772 Evans Street, SLO

7:00 pm **New Attitudes Group** O,CH,S,B
129 North I St., Suite E, Lompoc

7:00 pm **Where Life Begins** O,P
1767 Front St., Oceano

7:00 pm **Five Cities Group** O,P,CH
Last Thursday of month birthday meeting
386 N. Oak Park Blvd., Grover Beach

7:30 pm **Surfside** NS,O,P,CH
480 Monterey Ave., Morro Bay

8:00 pm **Sharing the Message** E,O,P
"Stand up for Your Recovery"
209 W. Main (back), Suite D, Santa Maria

FRIDAY

9:00 am	Destiny Group 119 North D Street, Lompoc	O,P
Noon	New Attitudes 129 North I St., Suite E, Lompoc	O,P,CH
Noon	Paso Robles Noon NA 2900 union road (around back), Paso Robles	E,O,P
Noon	Sharing the Message Q&A 209 W. Main (back), Suite D, Santa Maria	E,O,P
Noon	Santa Maria Survivors 401 W. Morrison (park on Park St.), Santa Maria	O
Noon	Five Cities Group 1767 Front St., Oceano	O,P,ST
6:00 pm	New Attitudes <i>Solutions in Recovery</i> 129 North I St., Suite E, Lompoc	W,P,CH
6:00 pm	Just For Today 2900 union road (around back), Paso Robles	E, CH, O, P
7:00 pm	Friday Night Freedom <i>Birthday speaker 3rd Friday</i> 8600 Atascadero Ave. Atascadero	O,P
7:00 pm	Finally Friday 1767 Front St. Oceano	O,P
8:00 pm	Just For Today <i>Last Friday of month /birthday/chips</i> 3075 Broad St., San Luis Obispo	OP,NS,CH
8:00 pm	Sharing the Message <i>Podium</i> 209 W. Main (back), Suite D, Santa Maria	E,O,LC,P
8:00 pm	New Attitudes <i>Candlelight</i> 129 North I St., Suite E, Lompoc	O,P,CH

SATURDAY

9:00 am	Sharing the Message 209 W. Main (around back), Suite D, Santa Maria	E,O,BS,P
9:00 am	Destiny Group 119 North D Street, Lompoc	O,P
Noon	New Attitudes Group <i>crosstalk</i> 129 North I St., Suite E, Lompoc	BS,O,P,CH
Noon	Sharing the Message 209 W. Main (back), Suite D, Santa Maria	E,O,LC,P
Noon	Emergency Nooner 1767 Front St., Oceano	O
4:00 pm	New Attitudes 129 North I St., Suite E, Lompoc	O,P,CH
5:30 pm	New Attitudes <i>Spanish</i> 129 North I St., Suite E, Lompoc	O,P,SP
6:00 pm	Saturday Night Serenity <i>First Saturday of month birthdays & speaker meeting</i> 4500 El Camino Real, Atascadero	O, S, CH
7:00 pm	Five Cities Group 1767 Front St. Oceano	O,P,CH
7:00 pm	Keep it Simple <i>Birthday speaker 3rd Sat.; no meeting 3rd Sat. in Feb</i> 3075 Broad St., San Luis Obispo	O,S
7:30 pm	Hard Knocks Group 1335 Park St.(in the alley-knock on door), Paso Robles	O,P,CH
8:00 pm	Bayside Group 480 Monterey Ave., Morro Bay	O,P,CH
8:00 pm	Destiny Group <i>Last Saturday of month birthday meeting</i> 119 North D Street, Lompoc	O,CH,P,B
8:00 pm	Sharing the Message <i>Last Saturday of month birthdays & speaker meeting</i> 209 W. Main (back), Suite D, Santa Maria	E,O,LC,P

LEGEND

B	Break	NS	No Smoking
BS	Book Study	O	Open to anyone
BYOBT	Bring Your Own Basic Text	P	Participation
C	Closed (for Addicts Only)	S	Speaker Meeting
CH	Chips (for lengths of cleantime)	SP	Spanish Meeting
CL	CandleLight	ST	Stick Meeting
E	Elevator	T	Topic
LC	Leaders Choice	W	Womens
LD	Literature Discussion	YP	Young People
M	Mens		
MM	Mystery Meeting		

**CENTRAL COAST AREA NA
AREA SERVICE COMMITTEE**

3075 Broad Street, San Luis Obispo

Meets the first Sunday of each month at 3:00 p.m.
GSR Orientation begins at 2:30 p.m. — Suggested for all new Group Service Representatives (GSRs)

COMMITTEE MEMBERS

Chair: Jack S. (805-458-3556)
Vice-Chair: Jenny C. (805-459-7921)
Area Secretary: Angelina P.
Treasurer: Jeannette R. (805-460-8387)
Vice Treasurer: Shirley M.(805-863-7575)
Committee Email: ASC@centralcoastna.org

ACTIVITIES

First Sunday of each month at 1:30 p.m.
3075 Broad Street, San Luis Obispo
Chair: Stan H. (805-296-0076)
Vice Chair: Dion R. (541-991-9529)
Email: Activities@centralcoastna.org

LITERATURE

Second Sunday of each month at 1:15 p.m.
3075 Broad Street, San Luis Obispo
Chair: Wes D.(805-400-7655)
Lit.Vice Chair: Sharil R. (805-434-8448)
Email: Literature@centralcoastna.org

PUBLIC RELATIONS

Hospitals & Institutions, Public Information, phone lines & website
Fourth Sunday of each month at 4 p.m.
1767 Front Street, Oceano
Chair: Kurt S. (805-471-7644)
Webmaster: Jaquelyn J. (949-236-0983)
Phone Line Coordinator: Joe B. (805-610-6278)
Public Info Coordinator: Ralph H.(805-478-0720)
Email: PublicRelations@centralcoastna.org

REGIONAL SERVICE COMMITTEE

Third Sunday of Jan, April, July and Oct. at 11:30am
221 North Olive Street, Ventura
RCM 1: Randy R. (805-550-6115)
RCM 2: Gina J.
Email: ASC@centralcoastna.org
Central Coast Area Website: www.centralcoastna.org
Central California Region Website: www.ccrca.net
NA World Services Website: www.na.org

**CENTRAL COAST AREA
NARCOTICS ANONYMOUS**

Meeting Schedule

www.centralcoastna.org

Updated: January 2020

TOLL-FREE bilingual HOTLINE:

800-549-7730

WHAT IS THE NA PROGRAM?

NA is a non-profit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, a desire to stop using.

NAMES & PHONE NUMBERS:

Call us *BEFORE* you use!

...that no addict seeking recovery need ever die.

Narcotics Anonymous®