SUNDAY

8:30 am **Santa Maria Survivors** — *Men* **M**
1517 S. Broadway, Santa Maria

9:00 am **New Attitudes** *Mens Breakfast* **O,M,P,CH**
129 North I St., Suite E, Lompoc

9:00 am **Destiny Group** — *Ladies Breakfast* **W,O,P,CH**
119 North D Street, Lompoc

Noon **Sharing the Message** **E,BS,O,P**
209 W. Main (back), Suite D, Santa Maria

Noon **Cambria New Attitude** **O,P,LD,T,NS**
1069 Main Street (upstairs), Cambria

Noon **Santa Maria Survivors** — *Women's* **W,O,LC**
1517 S. Broadway, Santa Maria

1:00 pm **New Attitudes Group** **O,P,CH**
129 North I St., Suite E, Lompoc

5:30 pm **Santa Maria Survivors** **ST,O,P**
1517 S. Broadway, Santa Maria

6:00 pm **Full Blast** -*Men* **M**
960 Pismo Ave, Los Osos

6:00 pm **Solutions, Basic Text Book Study** **M,BS**
567 Mitchell Dr., San Luis Obispo

6:00 pm **Hard Knocks** **S,O,LC,P**
3rd Sunday of Month Speaker meeting
2900 union road (around back), Paso Robles

6:00 pm **Sunday Night Serenity** **O,P,CH**
5318 Palma Ave., Atascadero

7:00 pm **Keep It Simple** **O,S**
Last Sunday of Month Birthday meeting
3075 Broad St., San Luis Obispo

7:00 pm **Sunday Night Live - 49ers** **C,P**
1st 49 people get a seat
1767 Front St., Oceano

7:00 pm **New Attitudes Group** **O,P,CH**
129 North I St., Suite E, Lompoc

7:00 pm **Five Cities Group** *11th Step Meditation* **O,P**
192 S. 9th St., Grover Beach

8:00 pm **Sharing the Message** **E,O,P,CH**
209 W. Main (back), Suite D, Santa Maria

MONDAY

9:00 am **Destiny Group** **O,P**
119 North D Street, Lompoc

9:30 am **Morning Medication** **O,P**
3075 Broad St., San Luis Obispo

Noon **New Attitudes Group** **O,P,CH**
129 North I St., Suite E, Lompoc

Noon **Five Cities Group** **O**
1767 Front St., Oceano

Noon **Paso Robles Noon NA** **E,O,P**
2900 union road (around back), Paso Robles

Noon **Sharing the Message** **O,LC,P**
209 W. Main (back), Suite D, Santa Maria

Noon **Santa Maria Survivors** **O,P**
1517 S. Broadway, Santa Maria

6:00 pm **Women in Recovery** **E, C,W,CH**
2900 union road (around back), Paso Robles

MONDAY, CONTINUED

6:00 pm **Young & Cool** **O,P**
4500 El Camino Real, Atas., (Oct-April)
9100 Morro Rd., Atas. (May-Sep)

6:00 pm **Survivors Q&A** **O,P**
1517 S. Broadway, Santa Maria

6:00 pm **New Attitudes Group** **O,CH,P**
129 North I St., Suite E, Lompoc

6:30 pm **Give it Away Men's Meeting** **children ok** **M,C**
3500 El Camino Real, Atascadero

7:00 pm **Five Cities Group** **O,P,BS**
192 S. 9th St., Grover Beach

7:00 pm **The Strugglers** **O**
1767 Front St., Oceano

7:30 pm **Orcutt Reconnections** **C,CH,P**
420 Soares Ave., Orcutt

7:30 pm **Hard Knocks Group** **O,P,CH**
2900 union road (around back), Paso Robles

8:00 pm **Just For Today Group** **O,CH,P**
3075 Broad St., San Luis Obispo

8:00 pm **Sharing the Message** **E,O,P,LC**
209 W. Main (back), Suite D, Santa Maria

8:00 pm **New Attitudes Group** **O,P**
129 North I St., Suite E, Lompoc

TUESDAY

9:00 am **Destiny Group** **O,P**
119 North D Street, Lompoc

9:30 am **Morning Medication** **O,P**
3075 Broad St., San Luis Obispo

Noon **Five Cities Group** **O, P, T**
1767 Front St., Oceano

Noon **New Attitudes Group** **O,P,CH**
129 North I St., Suite E, Lompoc

Noon **Paso Robles Noon NA** **E, O, P**
2900 union road (around back), Paso Robles

Noon **Sharing the Message** **E,O,LC,P**
209 W. Main (back), Suite D, Santa Maria

Noon **Santa Maria Survivors** **O,P**
1517 S. Broadway, Santa Maria

Noon **A-Town Nooner** **O,P**
8600 Atascadero Ave. Atascadero

5:30 pm **Rush Hour** **O,P,CH,F**
1767 Front St., Oceano

6:00 pm **Keep It Simple** **O,P**
3500 El Camino Real, Atascadero

6:00 pm **Gratitude Girls** **W,P,CH**
No meeting the last Tuesday of the month
990 Dolliver St, Pismo Beach

6:00 pm **Simple Recovery** **O,P**
5850 Rosario St.,Atascadero

TUESDAY, CONTINUED

6:00 pm **Santa Maria Survivors** *Take It Or Leave It* **O,P**
Crosstalk literature discussion
1517 S. Broadway, Santa Maria

7:00 pm **New Attitudes Group** **O,P,CH,B**
Birthday Last Tuesday of the Month
129 North I St., Suite E, Lompoc

7:00 pm **S'more Recovery Bon-fire Mtg.** **O,P**
No meeting the last Tuesday of the month
1767 Front St., Oceano

7:00 pm **Gap Meeting** **O,P**
ONLY the last Tuesday of the month
1767 Front St., Oceano

7:00 pm **No Nonsense Group** **C, ST**
1701 Fredericks Street, San Luis Obispo

7:30 pm **Bingo Recovery** **O,CH,P**
1335 Park St.(in the alley), Paso Robles

7:30 pm **Five Cities Group** *Men* **M,P,CH**
No meeting the last Tuesday of the month
990 Dolliver Street, Pismo Beach

8:00 pm **Sharing the Message** **E,O,LC,P,CL**
209 W. Main (back), Suite D, Santa Maria

8:00 pm **Birthday Speaker Meeting** **O,CH**
ONLY the last Tuesday of the month
707 Huasna Rd. Arroyo Grande

WEDNESDAY

9:00 am **Santa Maria Survivors** **O,P**
1517 S. Broadway, Santa Maria

9:00 am **Destiny Group** **O,P**
119 North D Street, Lompoc

9:30 am **Morning Medication** **O,P,BS**
3075 Broad St., San Luis Obispo

Noon **New Attitudes Group** **O,P,CH**
129 North I St., Suite E, Lompoc

Noon **Paso Robles Noon NA** **O, P**
2900 union road (around back), Paso Robles

Noon **Five Cities Group** **O**
1767 Front St., Oceano

Noon **Sharing the Message** **E,O,P**
209 W. Main (back), Suite D, Santa Maria

Noon **Santa Maria Survivors** **O,P**
1517 S. Broadway, Santa Maria

5:30 pm **Recovery Quest** **O,P,BS**
3075 Broad St., SLO

6:00 pm **New Attitudes Group** **O,CH,ST,P**
129 North I St., Suite E, Lompoc

6:00 pm **Santa Maria Survivors** **O,P,CH**
1517 S. Broadway, Santa Maria

6:00 pm **Men's Stag** **M,P**
1825 San Ramon Rd., Atascadero

6:00 pm **For The Long Haul** **O,CH,P**
200 E. Dana St, Nipomo

6:00 pm **Breaking Chains Group** **O,P**
4635 6th St., Guadalupe

6:30 pm **Wednesday NA Bookstudy** **O,BS,P**
8600 Atascadero Ave.,Atascadero

WEDNESDAY, CONTINUED

6:30 pm **New Attitudes Group** *Outdoor Speaker* **S**
133 North F St., Lompoc

6:30 pm **Hard Knocks** **O,LC,CH**
Last Wed of Month Birthday Meeting
2900 union road, Paso Robles

7:00 pm **Serenity by Candlelight** - *Women* **W, CL**
1462 7th St., Los Osos

7:00 pm **A Few Good Addicts** **O,BS,P**
1767 Front St., Oceano

7:00 pm **Rockstar Recovery** **O, CH**
2939 Augusta St., SLO

7:30 pm **Five Cities Group** **O,P,ST**
192 S. 9th St., Grover Beach

8:00 pm **New Attitudes** **O,P,CH,BS**
129 North I St., Suite E, Lompoc

8:00 pm **Sharing the Message** **E,O,LC,P**
209 W. Main (back), Suite D, Santa Maria

8:00 pm **Santa Maria Survivors** - *Spanish* **SP,O,P**
1517 S. Broadway, Santa Maria

THURSDAY

9:00 am **Destiny Group** **O,P**
119 North D Street, Lompoc

9:30 am **Morning Medication** **O,P**
3075 Broad St., San Luis Obispo

Noon **A-Town Nooner** **O,P**
8600 Atascadero Ave. Atascadero

Noon **New Attitudes Group** **O,CH,P**
129 North I St., Suite E, Lompoc

Noon **Paso Robles Noon NA** **E,O,P**
2900 union road (around back), Paso Robles

Noon **Five Cities Group** **O,P,ST,CH**
1767 Front St., Oceano

Noon **Sharing the Message** **E,O,P,LC**
209 W. Main (back), Suite D, Santa Maria

Noon **Santa Maria Survivors** **O,P**
1517 S. Broadway, Santa Maria

5:30 pm **Women Choose Life** **W,O,P**
4500 El Camino Real, Atascadero

6:00 pm **A-Town NA** **O,P**
3500 El Camino Real, Atascadero

6:00 pm **Santa Maria Survivors** *Change Is Good* **O,P**
1517 S. Broadway, Santa Maria

7:00 pm **Last House on the Block** **LC,O,CH,P**
772 Evans Street, SLO

7:00 pm **New Attitudes Group** **O,CH,S,B**
129 North I St., Suite E, Lompoc

7:00 pm **Where Life Begins** **O,P**
1767 Front St., Oceano

7:00 pm **Five Cities Group**-*Raffle Share* **O,P,CH**
Last Thursday of month birthday meeting
386 N. Oak Park Blvd., Grover Beach

7:30 pm **Surfside** **NS,O,P,CH**
480 Monterey Ave., Morro Bay

8:00 pm **Sharing the Message** **E,O,P**
"Stand up for Your Recovery"
209 W. Main (back), Suite D, Santa Maria

FRIDAY

9:00 am	**Destiny Group** 119 North D Street, Lompoc	**O,P**
9:30 am	**Morning Medication** 3075 Broad St., San Luis Obispo	**O,P**
Noon	**New Attitudes** 129 North I St., Suite E, Lompoc	**O,P,CH**
Noon	**Paso Robles Noon NA** 2900 union road (around back), Paso Robles	**E,O,P**
Noon	**Sharing the Message Q&A** 209 W. Main (back), Suite D, Santa Maria	**E,O,P**
Noon	**Santa Maria Survivors** 1517 S. Broadway, Santa Maria	**O**
Noon	**Five Cities Group** 1767 Front St., Oceano	**O,P,ST**
6:00 pm	**New Attitudes** *Solutions in Recovery* 129 North I St., Suite E, Lompoc	**W,P,CH**
6:00 pm	**Just For Today** 2900 union road (around back), Paso Robles	**E,O, P**
6:30 pm	**Sharing the Message** *Living Clean* 209 W. Main (back), Suite D, Santa Maria	**E,O,BS,P**
7:00 pm	**Friday Night Freedom** *Birthday speaker 3rd Friday* 8600 Atascadero Ave. Atascadero	**O,P**
7:00 pm	**Finally Friday** 1767 Front St. Oceano	**O,P**
7:00 pm	**New Attitudes** 320 Alisal Rd, Suite 304, Solvang	**O,P**
7:00 pm	**Friday Night Train Wreck** *Crosstalk literature discussion* 1517 S. Broadway, Santa Maria	**BS,LD,P**
8:00 pm	**Just For Today** *Last Friday of month /birthday/chips* 3075 Broad St., San Luis Obispo	**OP,NS,CH**
8:00 pm	**Sharing the Message** *Podium* 209 W. Main (back), Suite D, Santa Maria	**E,O,LC,P**
8:00 pm	**New Attitudes** *Candlelight* 129 North I St., Suite E, Lompoc	**O,P,CH**

SATURDAY

9:00 am	**Sharing the Message** 209 W. Main (around back), Suite D, Santa Maria	**E,O,BS,P**
9:00 am	**Destiny Group** 119 North D Street, Lompoc	**O,P**
9:30 am	**Morning Medication** 3077 Broad St. San Luis Obispo	**O,P**
Noon	**New Attitudes Group** *crosstalk* 129 North I St., Suite E, Lompoc	**BS ,O,P, CH**
Noon	**Sharing the Message** 209 W. Main (back), Suite D, Santa Maria	**E,O,LC,P**
Noon	**Emergency Nooner** 1767 Front St., Oceano	**O**
4:00 pm	**New Attitudes** 129 North I St., Suite E, Lompoc	**O,P,CH**
6:00 pm	**Saturday Night Serenity** *First Saturday of month birthdays & speaker meeting* 4500 El Camino Real, Atascadero	**O,T, CH**
7:00 pm	**Five Cities Group** 1767 Front St. Oceano	**O,P,CH**
7:00 pm	**Keep it Simple** *Birthday speaker 3rd Sat.; no meeting 3rd Sat. in Feb* 3075 Broad St., San Luis Obispo	**O,S**
7:30 pm	**Hard Knocks Group** 1335 Park St.(in the alley), Paso Robles	**O,P,CH**
8:00 pm	**Bayside Group** 480 Monterey Ave., Morro Bay	**O,P,CH**
8:00 pm	**Destiny Group** *Last Saturday of month birthday meeting* 119 North D Street, Lompoc	**O,CH,P,B**
8:00 pm	**Sharing the Message** *Last Saturday of month birthdays & speaker meeting* 209 W. Main (back), Suite D, Santa Maria	**E,O,LC,P**
8:00 pm	**Santa Maria Survivors — Serenity Speaks** *ONLY on 3rd Saturday of month — Birthday speaker* 1517 S. Broadway, Santa Maria	**CH,S**

LEGEND

B	Break	NS	No Smoking
BS	Book Study	O	Open to anyone
BYOBT	Bring Your Own Basic Text	P	Participation
C	Closed (for Addicts Only)	S	Speaker Meeting
CH	Chips (for lengths of cleantime)	SP	Spanish Meeting
CL	CandleLight	ST	Stick Meeting
E	Elevator	T	Topic
LC	Leaders Choice	W	Womens
LD	Literature Discussion	YP	Young People
M	Mens		

CENTRAL COAST AREA NA
AREA SERVICE COMMITTEE

3075 Broad Street, San Luis Obispo

Meets the first Sunday of each month at 3:00 p.m.

GSR Orientation begins at 2:30 p.m. — Suggested for all new Group Service Representatives (GSRs)

COMMITTEE MEMBERS

Chair: Glenn S (805-441-5822)
Vice-Chair: Jack S. (805-458-3556)
Area Secretary: Sam C. (805-819-1426)
Treasurer: Javonne H.
Vice Treasurer: Jeannette S. (805-460-8387)
Committee Email: ASC@centralcoastna.org

ACTIVITIES

First Sunday of each month at 1:30 p.m.
3075 Broad Street, San Luis Obispo

Chair: Kurtis R. (805-680-2023)
Email: Activities@centralcoastna.org

LITERATURE

Second Sunday of each month at 1:15 p.m.
3075 Broad Street, San Luis Obispo

Chair: Matt R.(805-440-9365)
Lit.Vice Chair: Jenny C. (805-550-8184)

PUBLIC RELATIONS

Hospitals & Institutions, Public Information, phone lines & website
Fourth Sunday of each month at 4 p.m.
1767 Front Street, Oceano

Chair: Kurt S. (805-471-7644)
Webmaster: Jaquelyn J. (949-236-0983)
Phone Line Coordinator: Joe B. (805-610-6278)
Public Info Coordinator: Ralph H.(805-478-0720)
Email: PublicRelations@centralcoastna.org

REGIONAL SERVICE COMMITTEE

Third Sunday of Jan, April, July and Oct. at11:30am
221 North Olive Street, Ventura

RCM 1: John G. (805-478-5382)
RCM 2: Randy R. (805-550-6115)
Email: RCM@centralcoastna.org

Central Coast Area Website: **www.centralcoastna.org**

Central California Region Website: **www.ccrcna.net**

NA World Services Website: **www.na.org**

CENTRAL COAST AREA
NARCOTICS ANONYMOUS
Meeting Schedule

www.centralcoastna.org

Updated: November 2018

TOLL-FREE HOTLINE NUMBER:

800-549-7730

WHAT IS THE NA PROGRAM?

NA *is a non-profit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, a desire to stop using.*

NAMES & PHONE NUMBERS:

Call us *BEFORE* you use!

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...that no addict seeking recovery need ever die.

Narcotics Anonymous®