

| SUNDAY | | MONDAY ,CONTINUED | | TUESDAY , CONTINUED | | WEDNESDAY , CONTINUED | | | | | |
|----------|---|-------------------|---------|---|----------|---|---|-------------|--|---|-----------|
| 8:30 am | Santa Maria Survivors — <i>Men</i> 1517 S. Broadway, Santa Maria | M | 6:00 pm | Survivors Q&A 1517 S. Broadway, Santa Maria | O,P | 7:00 pm | New Attitudes Group <i>Birthday Last Tuesday of the Month</i> 129 North I St., Suite E, Lompoc | O,P,CH,B | 6:30 pm | Wednesday NA Bookstudy 8600 Atascadero Ave., Atascadero | O,BS,P |
| 9:00 am | New Attitudes <i>MensBreakfast</i> 129 North I St., Suite E, Lompoc | O,M,P,CH | 6:00 pm | New Attitudes Group 129 North I St., Suite E, Lompoc | O,CH,P | 7:00 pm | S'more Recovery Bon-fire Mtg. <i>No meeting the last Tuesday of the month</i> 1767 Front St., Oceano | O,P | 6:30 pm | New Attitudes Group <i>Outdoor Speaker</i> 133 North F St., Lompoc | S |
| 9:00 am | Destiny Group — <i>Ladies Breakfast</i> 119 North D Street, Lompoc | W,O,P,CH | 6:30 pm | Give it Away Men's Meeting <i>children ok</i> 3500 El Camino Real, Atascadero | M,C | 7:00 pm | Gap Meeting <i>ONLY the last Tuesday of the month</i> 1767 Front St., Oceano | O,P | 6:30 pm | Hard Knocks <i>Last Wed of Month Birthday Meeting</i> 2900 union road, Paso Robles | O,LC,CH |
| Noon | Sharing the Message 209 W. Main (back), Suite D, Santa Maria | E,BS,O,P | 7:00 pm | Five Cities Group 192 S. 9th St., Grover Beach | O,P,BS | 7:00 pm | No Nonsense Group 1701 Fredericks Street, San Luis Obispo | C, ST | 7:00 pm | Serenity by Candlelight- <i>Women</i> 1462 7th St., Los Osos | W, CL |
| Noon | Cambria New Attitude 1069 Main Street (upstairs), Cambria | O,P,LD,T,NS | 7:00 pm | The Strugglers 1767 Front St., Oceano | O | 7:00 pm | Primary Purpose 3528 El Camino Real, Atascadero | C, NS | 7:00 pm | A Few Good Addicts 1767 Front St., Oceano | O,BS,P |
| 12:30 pm | Santa Maria Survivors — <i>Women's</i> 1517 S. Broadway, Santa Maria | W,O,LC | 7:30 pm | Orcutt Reconnections 420 Soares Ave., Orcutt | C,CH,P | 7:15 pm | Bingo Recovery 1335 Park St.(in the alley-knock on door), Paso Robles | O,CH,P | 7:00 pm | Rockstar Recovery 2939 Augusta St., SLO | O, CH |
| 1:00 pm | New Attitudes Group 129 North I St., Suite E, Lompoc | O,P,CH | 7:30 pm | Hard Knocks Group 2900 union road (around back), Paso Robles | O,P,CH | 7:30 pm | Five Cities Group <i>Men</i> <i>No meeting the last Tuesday of the month</i> 192 S. 9th St., Grover Beach | M,P,CH | 7:30 pm | Five Cities Group 192 S. 9th St., Grover Beach | O,P,ST |
| 5:30 pm | Santa Maria Survivors 1517 S. Broadway, Santa Maria | ST,O,P | 8:00 pm | Just For Today Group 3075 Broad St., San Luis Obispo | O,CH,P | 8:00 pm | Sharing the Message 209 W. Main (back), Suite D, Santa Maria | E,O,LC,P,CL | 8:00 pm | New Attitudes 129 North I St., Suite E, Lompoc | O,P,CH,BS |
| 6:00 pm | Full Blast - <i>Men</i> 960 Pismo Ave, Los Osos | M | 8:00 pm | Sharing the Message 209 W. Main (back), Suite D, Santa Maria | E,O,P,LC | 8:00 pm | Birthday Speaker Meeting <i>ONLY the last Tuesday of the month</i> 707 Huasna Rd. Arroyo Grande | O,CH | 8:00 pm | Sharing the Message 209 W. Main (back), Suite D, Santa Maria | E,O,LC,P |
| 6:00 pm | Solutions, Basic Text Book Study 567 Mitchell Dr., San Luis Obispo | M,BS | 8:00 pm | New AttitudesGroup 129 North I St., Suite E, Lompoc | O,P | WEDNESDAY | | 9:00 am | Destiny Group 119 North D Street, Lompoc | O,P | |
| 6:00 pm | Hard Knocks <i>3rd Sunday of Month Speaker meeting</i> 2900 union road (around back), Paso Robles | S,O,LC,P | TUESDAY | | 9:00 am | Destiny Group 119 North D Street, Lompoc | O,P | 9:30 am | Morning Medication 3075 Broad St., San Luis Obispo | O,P | |
| 6:00 pm | Sunday Night Serenity 5318 Palma Ave., Atascadero | O,P,CH | 9:00 am | Destiny Group 119 North D Street, Lompoc | O,P | 9:30 am | Morning Medication 3075 Broad St., San Luis Obispo | O,P | Noon | A-Town Nooner 8600 Atascadero Ave. Atascadero | O,P |
| 7:00 pm | Keep It Simple <i>Last Sunday of Month Birthday meeting</i> 3075 Broad St., San Luis Obispo | O,S | 9:30 am | Morning Medication 3075 Broad St., San Luis Obispo | O,P | Noon | Five Cities Group 1767 Front St., Oceano | O, P, T | Noon | New Attitudes Group 129 North I St., Suite E, Lompoc | O,CH,P |
| 7:00 pm | Sunday Night Live - <i>49ers</i> <i>1st 49 people get a seat</i> 1767 Front St., Oceano | C,P | Noon | Five Cities Group 1767 Front St., Oceano | O, P, T | Noon | New Attitudes Group 129 North I St., Suite E, Lompoc | O,P,CH | Noon | Paso Robles Noon NA 2900 union road (around back), Paso Robles | E,O,P |
| 7:00 pm | New Attitudes Group 129 North I St., Suite E, Lompoc | O,P,CH | Noon | New Attitudes Group 129 North I St., Suite E, Lompoc | O,P,CH | Noon | Paso Robles Noon NA 2900 union road (around back), Paso Robles | E, O, P | Noon | Five Cities Group 1767 Front St., Oceano | O |
| 7:00 pm | Five Cities Group <i>First Sunday of Month Speaker meeting</i> 192 S. 9th St., Grover Beach | O,P,S,MM | Noon | Paso Robles Noon NA 2900 union road (around back), Paso Robles | E, O, P | Noon | Sharing the Message 209 W. Main (back), Suite D, Santa Maria | E,O,P | Noon | Santa Maria Survivors 1517 S. Broadway, Santa Maria | O,P |
| 8:00 pm | Sharing the Message 209 W. Main (back), Suite D, Santa Maria | E,O,P,CH | Noon | Sharing the Message 209 W. Main (back), Suite D, Santa Maria | E,O,LC,P | Noon | Santa Maria Survivors 1517 S. Broadway, Santa Maria | O,P | Noon | Santa Maria Survivors 1517 S. Broadway, Santa Maria | O,P |
| MONDAY | | O,P | Noon | Santa Maria Survivors 1517 S. Broadway, Santa Maria | O,P | 5:30 pm | Recovery Quest 3075 Broad St., SLO | O,P,BS | 6:00 pm | A-Town NA 3500 El Camino Real, Atascadero | O,P |
| 9:00 am | Destiny Group 119 North D Street, Lompoc | O,P | Noon | A-Town Nooner 8600 Atascadero Ave. Atascadero | O,P | 6:00 pm | New Attitudes Group 129 North I St., Suite E, Lompoc | O,CH,ST,P | 6:00 pm | Santa Maria Survivors <i>Change Is Good</i> 1517 S. Broadway, Santa Maria | O,P |
| 9:30 am | Morning Medication 3075 Broad St., San Luis Obispo | O,P | 5:30 pm | Rush Hour 1767 Front St., Oceano | O,P,CH,F | 6:00 pm | Santa Maria Survivors 1517 S. Broadway, Santa Maria | O,P,CH | 7:00 pm | Last House on the Block 772 Evans Street, SLO | LC,O,CH,P |
| Noon | New Attitudes Group 129 North I St., Suite E, Lompoc | O,P,CH | 6:00 pm | Keep It Simple 3500 El Camino Real, Atascadero | O,P | 6:00 pm | Men's Stag 1825 San Ramon Rd., Atascadero | M,P | 7:00 pm | New Attitudes Group 129 North I St., Suite E, Lompoc | O,CH,S,B |
| Noon | Five Cities Group 1767 Front St., Oceano | O | 6:00 pm | Gratitude Girls <i>No meeting the last Tuesday of the month</i> 192 S. 9th St., Grover Beach | W,P,CH | 6:00 pm | For The Long Haul 200 E. Dana St, Nipomo | O,CH,P | 7:00 pm | Where Life Begins 1767 Front St., Oceano | O,P |
| Noon | Paso Robles Noon NA 2900 union road (around back), Paso Robles | E,O,P | 6:00 pm | Simple Recovery 5850 Rosario St., Atascadero | O,P | 6:00 pm | Breaking Chains Group 4635 6th St., Guadalupe | O,P | 7:00 pm | Five Cities Group- <i>Raffle Share</i> <i>Last Thursday of month birthday meeting</i> 386 N. Oak Park Blvd., Grover Beach | O,P,CH |
| Noon | Sharing the Message 209 W. Main (back), Suite D, Santa Maria | O,LC,P | 6:00 pm | Santa Maria Survivors <i>Take It Or Leave it</i> <i>Crosstalk literature discussion</i> 1517 S. Broadway, Santa Maria | O,P | WEDNESDAY | | 7:30 pm | Surfside 480 Monterey Ave., Morro Bay | NS,O,P,CH | |
| Noon | Santa Maria Survivors 1517 S. Broadway, Santa Maria | O,P | 6:30 pm | Sharing the Message - <i>Men</i> 209 W. Main (back), Suite D, Santa Maria | M | WEDNESDAY | | 8:00 pm | Sharing the Message <i>"Stand up for Your Recovery"</i> 209 W. Main (back), Suite D, Santa Maria | E,O,P | |
| 6:00 pm | Women in Recovery 2900 union road (around back), Paso Robles | E, CW,CH | | | | | | | | | |
| 6:00 pm | Young & Cool 4500 El Camino Real, Atas., (Oct-April) 9100 Morro Rd., Atas. (May-Sep) | O,P | | | | | | | | | |

FRIDAY

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| 9:00 am | Destiny Group 119 North D Street, Lompoc | O,P |
| 9:30 am | Morning Medication 3075 Broad St., San Luis Obispo | O,P |
| Noon | New Attitudes 129 North I St., Suite E, Lompoc | O,P,CH |
| Noon | Paso Robles Noon NA 2900 union road (around back), Paso Robles | E,O,P |
| Noon | Sharing the Message Q&A 209 W. Main (back), Suite D, Santa Maria | E,O,P |
| Noon | Santa Maria Survivors 1517 S. Broadway, Santa Maria | O |
| Noon | Five Cities Group 1767 Front St., Oceano | O,P,ST |
| 6:00 pm | New Attitudes <i>Solutions in Recovery</i> 129 North I St., Suite E, Lompoc | W,P,CH |
| 6:00 pm | Just For Today 2900 union road (around back), Paso Robles | E,O, P |
| 6:30 pm | Sharing the Message <i>Living Clean</i> 209 W. Main (back), Suite D, Santa Maria | E,O,BS,P |
| 7:00 pm | Friday Night Freedom <i>Birthday speaker 3rd Friday</i> 8600 Atascadero Ave. Atascadero | O,P |
| 7:00 pm | Finally Friday 1767 Front St. Oceano | O,P |
| 7:00 pm | New Attitudes 320 Alisal Rd, Suite 304, Solvang | O,P |
| 7:00 pm | Friday Night Train Wreck <i>Crosstalk literature discussion</i> 1517 S. Broadway, Santa Maria | BS,LD,P |
| 8:00 pm | Just For Today <i>Last Friday of month /birthday/chips</i> 3075 Broad St., San Luis Obispo | OP,NS,CH |
| 8:00 pm | Sharing the Message <i>Podium</i> 209 W. Main (back), Suite D, Santa Maria | E,O,LC,P |
| 8:00 pm | New Attitudes <i>Candlelight</i> 129 North I St., Suite E, Lompoc | O,P,CH |

SATURDAY

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|----------------|--|--------------------|
| 9:00 am | Sharing the Message 209 W. Main (around back), Suite D, Santa Maria | E,O,BS,P |
| 9:00 am | Destiny Group 119 North D Street, Lompoc | O,P |
| 9:30 am | Morning Medication 3077 Broad St. San Luis Obispo | O,P |
| Noon | New Attitudes Group <i>crosstalk</i> 129 North I St., Suite E, Lompoc | BS ,O,P, CH |
| Noon | Sharing the Message 209 W. Main (back), Suite D, Santa Maria | E,O,LC,P |
| Noon | Emergency Nooner 1767 Front St., Oceano | O |
| 4:00 pm | New Attitudes 129 North I St., Suite E, Lompoc | O,P,CH |
| 6:00 pm | Saturday Night Serenity <i>First Saturday of month birthdays & speaker meeting</i> 4500 El Camino Real, Atascadero | O,T, CH |
| 7:00 pm | Five Cities Group 1767 Front St. Oceano | O,P,CH |
| 7:00 pm | Keep it Simple <i>Birthday speaker 3rd Sat.; no meeting 3rd Sat. in Feb</i> 3075 Broad St., San Luis Obispo | O,S |
| 7:30 pm | Hard Knocks Group 1335 Park St.(in the alley-knock on door), Paso Robles | O,P,CH |
| 8:00 pm | Bayside Group 480 Monterey Ave., Morro Bay | O,P,CH |
| 8:00 pm | Destiny Group <i>Last Saturday of month birthday meeting</i> 119 North D Street, Lompoc | O,CH,P,B |
| 8:00 pm | Sharing the Message <i>Last Saturday of month birthdays & speaker meeting</i> 209 W. Main (back), Suite D, Santa Maria | E,O,LC,P |
| 8:00 pm | Santa Maria Survivors — Serenity Speaks <i>ONLY on 3rd Saturday of month — Birthday speaker</i> 1517 S. Broadway, Santa Maria | CH,S |

LEGEND

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|--------------|----------------------------------|-----------|-----------------|
| B | Break | NS | No Smoking |
| BS | Book Study | O | Open to anyone |
| BYOBT | Bring Your Own Basic Text | P | Participation |
| C | Closed (for Addicts Only) | S | Speaker Meeting |
| CH | Chips (for lengths of cleantime) | SP | Spanish Meeting |
| CL | CandleLight | ST | Stick Meeting |
| E | Elevator | T | Topic |
| LC | Leaders Choice | W | Womens |
| LD | Literature Discussion | YP | Young People |
| M | Mens | | |
| MM | Mystery Meeting | | |

CENTRAL COAST AREA NA AREA SERVICE COMMITTEE

3075 Broad Street, San Luis Obispo

Meets the first Sunday of each month at 3:00 p.m.

GSR Orientation begins at 2:30 p.m. — Suggested for all new Group Service Representatives (GSRs)

COMMITTEE MEMBERS

Chair: Jack S. (805-458-3556)

Vice-Chair: Jenny C. (805-459-7921)

Area Secretary: Angelina P.

Treasurer: Jeannette S. (805-460-8387)

Vice Treasurer:

Committee Email: ASC@centralcoastna.org

ACTIVITIES

First Sunday of each month at 1:30 p.m.

3075 Broad Street, San Luis Obispo

Chair: Stan H. (805-296-0076)

Email: Activities@centralcoastna.org

LITERATURE

Second Sunday of each month at 1:15 p.m.

3075 Broad Street, San Luis Obispo

Chair: Wes D. (805-400-7655)

Lit.Vice Chair: Sharil R. (805-434-8448)

Email: Literature@centralcoastna.org

PUBLIC RELATIONS

Hospitals & Institutions, Public Information, phone lines & website

Fourth Sunday of each month at 4 p.m.

1767 Front Street, Oceano

Chair: Kurt S. (805-471-7644)

Webmaster: Jaquelyn J. (949-236-0983)

Phone Line Coordinator: Joe B. (805-610-6278)

Public Info Coordinator: Ralph H. (805-478-0720)

Email: PublicRelations@centralcoastna.org

REGIONAL SERVICE COMMITTEE

Third Sunday of Jan, April, July and Oct. at 11:30am

221 North Olive Street, Ventura

RCM 1: John G. (805-478-5382)

RCM 2: Randy R. (805-550-6115)

Email: ASC@centralcoastna.org

Central Coast Area Website: www.centralcoastna.org

Central California Region Website: www.ccrca.net

NA World Services Website: www.na.org

CENTRAL COAST AREA NARCOTICS ANONYMOUS

Meeting Schedule

www.centralcoastna.org

Updated: March 2019

TOLL-FREE *bilingual* HOTLINE:

800-549-7730

WHAT IS THE NA PROGRAM?

NA is a non-profit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, a desire to stop using.

NAMES & PHONE NUMBERS:

Call us *BEFORE* you use!

...that no addict seeking recovery need ever die.

Narcotics Anonymous®