

SUNDAY		MONDAY ,CONTINUED		TUESDAY , CONTINUED		WEDNESDAY , CONTINUED					
8:30 am	Santa Maria Survivors — <i>Men</i> 1517 S. Broadway, Santa Maria	M	6:00 pm	Survivors Q&A 1517 S. Broadway, Santa Maria	O,P	7:00 pm	New Attitudes Group <i>Birthday Last Tuesday of the Month</i> 129 North I St., Suite E, Lompoc	O,P,CH,B	6:30 pm	Wednesday NA Bookstudy 8600 Atascadero Ave., Atascadero	O,BS,P
9:00 am	New Attitudes <i>MensBreakfast</i> 129 North I St., Suite E, Lompoc	O,M,P,CH	6:00 pm	New Attitudes Group 129 North I St., Suite E, Lompoc	O,CH,P	7:00 pm	S'more Recovery Bon-fire Mtg. <i>No meeting the last Tuesday of the month</i> 1767 Front St., Oceano	O,P	6:30 pm	New Attitudes Group <i>Outdoor Speaker</i> 133 North F St., Lompoc	S
9:00 am	Destiny Group — <i>Ladies Breakfast</i> 119 North D Street, Lompoc	W,O,P,CH	6:30 pm	Give it Away Men's Meeting <i>children ok</i> 3500 El Camino Real, Atascadero	M,C	7:00 pm	Gap Meeting <i>ONLY the last Tuesday of the month</i> 1767 Front St., Oceano	O,P	6:30 pm	Hard Knocks <i>Last Wed of Month Birthday Meeting</i> 2900 union road, Paso Robles	O,LC,CH
Noon	Sharing the Message 209 W. Main (back), Suite D, Santa Maria	E,BS,O,P	7:00 pm	Five Cities Group 192 S. 9th St., Grover Beach	O,P,BS	7:00 pm	No Nonsense Group 1701 Fredericks Street, San Luis Obispo	C, ST	7:00 pm	Serenity by Candlelight- <i>Women</i> 1462 7th St., Los Osos	W, CL
Noon	Cambria New Attitude 1069 Main Street (upstairs), Cambria	O,P,LD,T,NS	7:00 pm	The Strugglers 1767 Front St., Oceano	O	7:00 pm	Birthday Speaker Meeting <i>ONLY the last Tuesday of the month</i> 707 Huasna Rd. Arroyo Grande	S,O,CH	7:00 pm	A Few Good Addicts 1767 Front St., Oceano	O,BS,P
12:30 pm	Santa Maria Survivors — <i>Women's</i> 1517 S. Broadway, Santa Maria	W,O,LC	7:30 pm	Orcutt Reconnections 420 Soares Ave., Orcutt	C,CH,P	7:15 pm	Primary Purpose 3528 El Camino Real, Atascadero	C, NS	7:00 pm	Rockstar Recovery 2939 Augusta St., SLO	O, CH
1:00 pm	New Attitudes Group 129 North I St., Suite E, Lompoc	O,P,CH	7:30 pm	Hard Knocks Group 2900 union road (around back), Paso Robles	O,P,CH	7:30 pm	Bingo Recovery 1335 Park St.(in the alley-knock on door), Paso Robles	O,CH,P	7:30 pm	Five Cities Group 192 S. 9th St., Grover Beach	O,P,ST
5:30 pm	Santa Maria Survivors 1517 S. Broadway, Santa Maria	ST,O,P	8:00 pm	Just For Today Group 3075 Broad St., San Luis Obispo	O,CH,P	7:30 pm	Five Cities Group <i>Men</i> <i>No meeting the last Tuesday of the month</i> 192 S. 9th St., Grover Beach	M,P,CH	8:00 pm	New Attitudes 129 North I St., Suite E, Lompoc	O,P,CH,BS
6:00 pm	Full Blast - <i>Men</i> 960 Pismo Ave, Los Osos	M	8:00 pm	Sharing the Message 209 W. Main (back), Suite D, Santa Maria	E,O,P,LC	8:00 pm	Sharing the Message 209 W. Main (back), Suite D, Santa Maria	E,O,LC,P,CL	8:00 pm	Sharing the Message 209 W. Main (back), Suite D, Santa Maria	E,O,LC,P
6:00 pm	Solutions, Basic Text Book Study 567 Mitchell Dr., San Luis Obispo	M,BS	8:00 pm	New AttitudesGroup 129 North I St., Suite E, Lompoc	O,P	WEDNESDAY		9:00 am	Destiny Group 119 North D Street, Lompoc	O,P	
6:00 pm	Hard Knocks <i>3rd Sunday of Month Speaker meeting</i> 2900 union road (around back), Paso Robles	S,O,LC,P	TUESDAY		9:00 am	Destiny Group 119 North D Street, Lompoc	O,P	9:30 am	Morning Medication 3075 Broad St., San Luis Obispo	O,P	
6:00 pm	Sunday Night Serenity 5318 Palma Ave., Atascadero	O,P,CH	9:00 am	Destiny Group 119 North D Street, Lompoc	O,P	9:30 am	Morning Medication 3075 Broad St., San Luis Obispo	O,P	Noon	A-Town Nooner 8600 Atascadero Ave. Atascadero	O,P
7:00 pm	Keep It Simple <i>Last Sunday of Month Birthday meeting</i> 3075 Broad St., San Luis Obispo	O,S	Noon	Five Cities Group 1767 Front St., Oceano	O, P, T	Noon	New Attitudes Group 129 North I St., Suite E, Lompoc	O,P,CH	Noon	New Attitudes Group 129 North I St., Suite E, Lompoc	O,CH,P
7:00 pm	Sunday Night Live - 49ers <i>1st 49 people get a seat</i> 1767 Front St., Oceano	C,P	Noon	New Attitudes Group 129 North I St., Suite E, Lompoc	O,P,CH	Noon	Paso Robles Noon NA 2900 union road (around back), Paso Robles	O, P	Noon	Paso Robles Noon NA 2900 union road (around back), Paso Robles	E,O,P
7:00 pm	New Attitudes Group 129 North I St., Suite E, Lompoc	O,P,CH	Noon	Paso Robles Noon NA 2900 union road (around back), Paso Robles	E, O, P	Noon	Five Cities Group 1767 Front St., Oceano	O	Noon	Sharing the Message 209 W. Main (back), Suite D, Santa Maria	E,O,P,LC
7:00 pm	Five Cities Group <i>First Sunday of Month Speaker meeting</i> 192 S. 9th St., Grover Beach	O,P,S,MM	Noon	Sharing the Message 209 W. Main (back), Suite D, Santa Maria	E,O,LC,P	Noon	Sharing the Message 209 W. Main (back), Suite D, Santa Maria	E,O,P	Noon	Santa Maria Survivors 1517 S. Broadway, Santa Maria	O,P
8:00 pm	Sharing the Message 209 W. Main (back), Suite D, Santa Maria	E,O,P,CH	Noon	Santa Maria Survivors 1517 S. Broadway, Santa Maria	O,P	Noon	Santa Maria Survivors 1517 S. Broadway, Santa Maria	O,P	Noon	Santa Maria Survivors <i>Change Is Good</i> 1517 S. Broadway, Santa Maria	O,P
MONDAY		O,P	Noon	A-Town Nooner 8600 Atascadero Ave. Atascadero	O,P	5:30 pm	Recovery Quest 3075 Broad St., SLO	O,P,BS	Noon	A-Town NA 3500 El Camino Real, Atascadero	O,P
9:00 am	Destiny Group 119 North D Street, Lompoc	O,P	5:30 pm	Rush Hour 1767 Front St., Oceano	O,P,CH,F	6:00 pm	New Attitudes Group 129 North I St., Suite E, Lompoc	O,CH,ST,P	6:00 pm	Santa Maria Survivors 1517 S. Broadway, Santa Maria	O,P
9:30 am	Morning Medication 3075 Broad St., San Luis Obispo	O,P	6:00 pm	Keep It Simple 3500 El Camino Real, Atascadero	O,P	6:00 pm	Santa Maria Survivors 1517 S. Broadway, Santa Maria	O,P,CH	6:00 pm	Men's Stag 1825 San Ramon Rd., Atascadero	M,P
Noon	New Attitudes Group 129 North I St., Suite E, Lompoc	O,P,CH	6:00 pm	Gratitude Girls <i>No meeting the last Tuesday of the month</i> 192 S. 9th St., Grover Beach	W,P,CH	6:00 pm	For The Long Haul 200 E. Dana St, Nipomo	O,CH,P	6:00 pm	Breaking Chains Group 4635 6th St., Guadalupe	O,P
Noon	Five Cities Group 1767 Front St., Oceano	O	6:00 pm	Simple Recovery 5850 Rosario St., Atascadero	O,P	WEDNESDAY		7:00 pm	Last House on the Block 772 Evans Street, SLO	LC,O,CH,P	
Noon	Paso Robles Noon NA 2900 union road (around back), Paso Robles	E,O,P	6:00 pm	Santa Maria Survivors <i>Take It Or Leave it</i> <i>Crosstalk literature discussion</i> 1517 S. Broadway, Santa Maria	O,P	7:00 pm	Where Life Begins 1767 Front St., Oceano	O,P	7:00 pm	New Attitudes Group 129 North I St., Suite E, Lompoc	O,CH,S,B
Noon	Sharing the Message 209 W. Main (back), Suite D, Santa Maria	O,LC,P	6:30 pm	Sharing the Message - <i>Men</i> 209 W. Main (back), Suite D, Santa Maria	M	7:00 pm	Five Cities Group- <i>Raffle Share</i> <i>Last Thursday of month birthday meeting</i> 386 N. Oak Park Blvd., Grover Beach	O,P,CH	7:30 pm	Surfside 480 Monterey Ave., Morro Bay	NS,O,P,CH
Noon	Santa Maria Survivors 1517 S. Broadway, Santa Maria	O,P				7:00 pm	Sharing the Message <i>"Stand up for Your Recovery"</i> 209 W. Main (back), Suite D, Santa Maria	E,O,P	8:00 pm	Sharing the Message <i>"Stand up for Your Recovery"</i> 209 W. Main (back), Suite D, Santa Maria	E,O,P

FRIDAY

9:00 am	Destiny Group 119 North D Street, Lompoc	O,P
9:30 am	Morning Medication 3075 Broad St., San Luis Obispo	O,P
Noon	New Attitudes 129 North I St., Suite E, Lompoc	O,P,CH
Noon	Paso Robles Noon NA 2900 union road (around back), Paso Robles	E,O,P
Noon	Sharing the Message Q&A 209 W. Main (back), Suite D, Santa Maria	E,O,P
Noon	Santa Maria Survivors 1517 S. Broadway, Santa Maria	O
Noon	Five Cities Group 1767 Front St., Oceano	O,P,ST
6:00 pm	New Attitudes <i>Solutions in Recovery</i> 129 North I St., Suite E, Lompoc	W,P,CH
6:00 pm	Just For Today 2900 union road (around back), Paso Robles	E,O, P
6:30 pm	Sharing the Message <i>Living Clean</i> 209 W. Main (back), Suite D, Santa Maria	E,O,BS,P
7:00 pm	Friday Night Freedom <i>Birthday speaker 3rd Friday</i> 8600 Atascadero Ave. Atascadero	O,P
7:00 pm	Finally Friday 1767 Front St. Oceano	O,P
7:00 pm	New Attitudes 320 Alisal Rd, Suite 304, Solvang	O,P
7:00 pm	Friday Night Train Wreck <i>Crosstalk literature discussion</i> 1517 S. Broadway, Santa Maria	BS,LD,P
8:00 pm	Just For Today <i>Last Friday of month /birthday/chips</i> 3075 Broad St., San Luis Obispo	OP,NS,CH
8:00 pm	Sharing the Message <i>Podium</i> 209 W. Main (back), Suite D, Santa Maria	E,O,LC,P
8:00 pm	New Attitudes <i>Candlelight</i> 129 North I St., Suite E, Lompoc	O,P,CH

SATURDAY

9:00 am	Sharing the Message 209 W. Main (around back), Suite D, Santa Maria	E,O,BS,P
9:00 am	Destiny Group 119 North D Street, Lompoc	O,P
9:30 am	Morning Medication 3077 Broad St. San Luis Obispo	O,P
Noon	New Attitudes Group <i>crosstalk</i> 129 North I St., Suite E, Lompoc	BS,O,P,CH
Noon	Sharing the Message 209 W. Main (back), Suite D, Santa Maria	E,O,LC,P
Noon	Emergency Nooner 1767 Front St., Oceano	O
4:00 pm	New Attitudes 129 North I St., Suite E, Lompoc	O,P,CH
6:00 pm	Saturday Night Serenity <i>First Saturday of month birthdays & speaker meeting</i> 4500 El Camino Real, Atascadero	O,T, CH
7:00 pm	Five Cities Group 1767 Front St. Oceano	O,P,CH
7:00 pm	Keep it Simple <i>Birthday speaker 3rd Sat.; no meeting 3rd Sat. in Feb</i> 3075 Broad St., San Luis Obispo	O,S
7:30 pm	Hard Knocks Group 1335 Park St.(in the alley-knock on door), Paso Robles	O,P,CH
8:00 pm	Bayside Group 480 Monterey Ave., Morro Bay	O,P,CH
8:00 pm	Destiny Group <i>Last Saturday of month birthday meeting</i> 119 North D Street, Lompoc	O,CH,P,B
8:00 pm	Sharing the Message <i>Last Saturday of month birthdays & speaker meeting</i> 209 W. Main (back), Suite D, Santa Maria	E,O,LC,P
8:00 pm	Santa Maria Survivors — Serenity Speaks <i>ONLY on 3rd Saturday of month — Birthday speaker</i> 1517 S. Broadway, Santa Maria	CH,S

LEGEND

B	Break	NS	No Smoking
BS	Book Study	O	Open to anyone
BYOBT	Bring Your Own Basic Text	P	Participation
C	Closed (for Addicts Only)	S	Speaker Meeting
CH	Chips (for lengths of cleantime)	SP	Spanish Meeting
CL	CandleLight	ST	Stick Meeting
E	Elevator	T	Topic
LC	Leaders Choice	W	Womens
LD	Literature Discussion	YP	Young People
M	Mens		
MM	Mystery Meeting		

CENTRAL COAST AREA NA AREA SERVICE COMMITTEE

3075 Broad Street, San Luis Obispo

Meets the first Sunday of each month at 3:00 p.m.

GSR Orientation begins at 2:30 p.m. — Suggested for all new Group Service Representatives (GSRs)

COMMITTEE MEMBERS

Chair: Jack S. (805-458-3556)

Vice-Chair: Jenny C. (805-459-7921)

Area Secretary: Angelina P.

Treasurer: Jeannette S. (805-460-8387)

Vice Treasurer:

Committee Email: ASC@centralcoastna.org

ACTIVITIES

First Sunday of each month at 1:30 p.m.
3075 Broad Street, San Luis Obispo

Chair: Stan H. (805-296-0076)

Vice Chair: Dion R. (541-991-9529)

Email: Activities@centralcoastna.org

LITERATURE

Second Sunday of each month at 1:15 p.m.
3075 Broad Street, San Luis Obispo

Chair: Wes D. (805-400-7655)

Lit.Vice Chair: Sharil R. (805-434-8448)

Email: Literature@centralcoastna.org

PUBLIC RELATIONS

Hospitals & Institutions, Public Information, phone lines & website

Fourth Sunday of each month at 4 p.m.

1767 Front Street, Oceano

Chair: Kurt S. (805-471-7644)

Webmaster: Jaquelyn J. (949-236-0983)

Phone Line Coordinator: Joe B. (805-610-6278)

Public Info Coordinator: Ralph H. (805-478-0720)

Email: PublicRelations@centralcoastna.org

REGIONAL SERVICE COMMITTEE

Third Sunday of Jan, April, July and Oct. at 11:30am
221 North Olive Street, Ventura

RCM 1: John G. (805-478-5382)

RCM 2: Randy R. (805-550-6115)

Email: ASC@centralcoastna.org

Central Coast Area Website: www.centralcoastna.org

Central California Region Website: www.ccrna.net

NA World Services Website: www.na.org

CENTRAL COAST AREA NARCOTICS ANONYMOUS

Meeting Schedule

www.centralcoastna.org

Updated: April 2019

TOLL-FREE *bilingual* HOTLINE:

800-549-7730

WHAT IS THE NA PROGRAM?

NA is a non-profit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, a desire to stop using.

NAMES & PHONE NUMBERS:

Call us *BEFORE* you use!

...that no addict seeking recovery need ever die.

Narcotics Anonymous®