<u>Central Coast Area Narcotics Anonymous Service Committee Minutes</u> <u>March 5th, 2023</u>

Meeting opened at 3:00 pm with the Serenity Prayer **Wes** read the 12 Traditions, and **Mike** read the 12 Concepts of Service

Minutes: February 5rd, 2023 Minutes approved by unanimous consent

New GSRs:

• Stephaine - Friday Night Freedom

Visitors:

- Sheryl
- Kelly

Subcommittee Reports:

RCM:

- The next W.S.L.D. will be held in Anchorage, Alaska, November 10-12, 2023.
- Treasurer Report: We are under prudent reserve but not by much.
- Next Regional Assembly and learning will be a one-day event at the Marriott
 Hotel in Bakersfield on March 18th from 8:00am to 4:00pm, and a cap is placed
 at 75 people. The Region will explore new locations for the next Regional
 Assembly. For those who can't go please have your tally sheet to Stanley by
 April Area meeting (or go online to fill it out @ NA.org type in CAR and choose
 the member survey).
- Region asking for more help and communication.
- The next RSC meeting is April 16, 2023, at 11:30am, at 125 Harbor Way Santa Barbara, in the upstairs Marine room.
- RCM I and RCM II service commitments are up. Nominations are in April, elections are in May.
 - 3 years clean time, 1 year of previous service at any ASC.
- All regional meetings will be in person going forward.

Public Information: Matt (805) 440-9365

• Needs volunteers for table sittings at events.

PR:

Phone Line: Joe (805) 610-6278:

- Phone line is up and running. Need men for the phone line. Good on women for now.
- Working on adding back in the option to speak to Spanish-speaking individuals when they call our phone line.

Next meeting is 3pm-5pm 4th Sunday of the month @ Alano Club/Zoom
 Zoom ID: 975 280 595

Webmaster:

- Website is done and up.
- Asking meetings to consider using QR code instead of printing meeting schedules (maybe printing quarterly instead).
- Asking people to start using the website to submit meeting changes, they go up immediately.

Literature:

• Orders by the 4th sunday at 4pm will be delivered at the next ASC meeting.

REGIONAL PUBLIC RELATIONS Mike (805) 215-4215

- Next Meeting April 9th Zoom Meeting (Meeting ID: 898 3786 8476)
- Needs a secretary 1 meeting every 3 months
 - \circ 1 year clean time , 6 months prior service experience

H&I Jack (805) 458-3556

- **CMC West/East: Kurt (805) 471-7644** Talking about closing down CMC West is closing in June. Had some dark nights. CMC East has done well.
- **SM** "Good Sam's" Detox: Bart (805) 978-6166 Still looking for panel leaders and members. 6 mo. clean time requirement. No dark nights.
- CAPSLO 40 Prado Homeless Shelter: Greg (805) 704-4632 No dark nights. 5-6 attendees every meeting. Tues 6:30 pm. If anyone is interested in participating, contact Greg or come to the PR meeting for more info. Clean time requirement 90 days.
- **SLO Men's Co. Jail: Stanley (805) 296-0076** Everything going well. Thursday needs 4 more men.
- **SLO Women's Co. Jail: Stanley (805) 296-0076** Need help for Thursday nights need 4 women. Second Monday meeting of the month needs 2 women.
- **SB County Jail (Santa Maria): Mike (805) 215-4215** On the 20 th only 1 person wanted a meeting. On the 13 th Mike was out of town. On the 6 th Mike went out and didn't have enough staff to escort. Less and less interest in having a meeting, but Mike will keep going. Still working on clearances for people. Not accepting any more applications until those are cleared.
- Sun Street Center (34 Prado): Bull (805) 550-8140 Looking for volunteers w/6 month clean time.
- **Bridge House: Joel (805) 588-9665** Switched to Tuesday at 5:30 b/c of low attendance. Still waiting to hear back.
- **Crestwood: Joel (805) 588-9665** Wed night, time tbd. Starting meeting once COVID clears from the facility.
- **Solid Rock Ranch: Mike (805) 215-4215** Going good. If there are any female veterans in recovery that are interested, can volunteer. It's a co-ed facility.

- Lompoc Federal Prison: Ralph (805) 478-0720 Supposed to start meeting this month, waiting to hear.
- **Recovery Way: Anita (805) 717-2275** Panel is going well, no dark nights. Thanks for being of service.
- Behind the Walls Sponsorship Meeting
 - 3rd Saturday every month; 8:30 am (February 25), 2023 not meeting on weekend of Convention
 - Go to Regional website to sign up for Behind the Walls Sponsorship https://ccrna.net/btws/
 - Virtual Zoom ID#584 446 0423 Pa\$\$word: 93225
 - Need a Literature Coordinator and Vice Chair. Posted on the regional website.
 - Contact Kurt or Bart for more information. Men sponsors are needed for this area, and bi-lingual individuals. If you can write your steps, you can write a 15-minute letter once a month.

Activities:

- Could still use support, first Sunday of the month @ 1:30pm at the Alano Club.
- Next Event will be Sponsor/Sponsee day at the park.
 - o Red Barn Los Osos Park, 2180 Palisades Ave, Los Osos CA
 - Sat April 15th, 11:30am 4:00pm
 - Presale lunch tickets are available for \$15 presale. Lunch will be \$20 at the event.
 - Liesl, Shannon, Kenda, Jesse and Bryce have presale tickets.
 - Need 9 more volunteers for setup/clean up. See Liesl, Jesse, Kenda, Shannon or Bryce to sign up to help.

Activities Treasurer Report:

Beginning Balance: \$ 1487.30

Deposits/Credits: \$ 0

Withdrawals/Debits: \$ 506.48

Ending Balance: \$ 980.82

Area Treasurer Report:

Beginning Balance: \$1695.70

Deposits/Credits: \$857.51 Withdrawals/Debits: \$1374.18 Uncleared Transactions: \$200.00

Ending Balance: \$1179.03

Total: \$979.03

Meeting News: Be sure to submit meeting changes on the website

- New meeting
 - Saturday Wake-up!
 - Atascadero 5318 Palma Ave.
 - Time 7:30am (1 hr meeting)
 - o Format Literature Study/discussion
- Sharing the Message needs literature donations and support. The last Saturday of the month speaker will be Layla. They are having a St.Patricks Day fundraiser to help cover the back rent (Corned Beef & Cabbage \$5/plate) @ 4pm & bake sale & Dance!
- 5 Cities group has started a 5 cities event committee. They are starting to organize events. A campout is in the works for Fathers Day weekend. Planning meeting Wed March 15th @ Hope Church Room 6. They are also trying to plan a men's retreat and a women's retreat.
- No Nonsense Tuesday meeting needs a GSR & a Secretary.
- Sunday Serenity (Paso) needs a new GSR.

Old Business

• Stanley brought up the cost for updated literature forms - asked if we wanted to print 25 or 50, decided on 25.

New Business - (Quorum was reached)

None

Next ASC meeting is April 2nd, 2023 at 3pm.

Will be a hybrid meeting - Zoom Meeting ID: 3078 542 069 / Passcode:

Serenity