

Central Coast Area Narcotics Anonymous Service Committee Minutes
December 3rd, 2023

Meeting opened at 3:00 pm with the Serenity Prayer **Wes** read the 12 Traditions, and **Adrian** read the 12 Concepts of Service

Minutes: November 5th, 2023 Minutes approved by unanimous consent

New GSRs:

- none

Visitors:

- Brittany
- Stephanie

Subcommittee Reports:

RCM:

- WSZF Western States Zonal Forum is Jan 25-28, 2024, in Fresno CA
- With the passing of Term Lengths of the Delegates, we need to address timelines, financials, and Guidelines changes (may also affect RCM term lengths)
- Seeking our next Regional Delegate. Alternate and Regional Delegate Elections are traditionally performed in March, during the off-conference cycle @ our Mini-Regional Assembly. Usually held 9:00am-1:00pm the 3rd weekend in March. Need an Area to volunteer to host it. We need to have some sort of a head count at the Jan. RSC (Regional Service Conference) is open to the whole fellowship. We have to set the agenda for this event.
- **CC&E:**
 - Annual Elections will be held in March 2024
 - Convention Committee needs Pool Members
 - Need individuals or Areas to sign up as Host on Friday or Saturday at the Convention
 - Readers and Leaders are needed for the convention. Anyone interested can either sign up on the forms that were previously handed out or on the convention website.
 - Need more Banquet sign ups.

PR:

- Our next meeting falls on Dec 24 Jenny and Kurt will be out of town. We will have the meeting on Zoom only.
- The time changes were discussed, either 10-12 or 3-5. PR will be at 3 pm and Literature will be at 4.

- Jail issues tabled until next month. Discussion regarding Predatory Behavior meeting Mike will find out more next week.
- New Zoom ID for Public Relations meeting; 846 8611 4544 no passcode
- Need vice chair, at.l secretary, literature, co-webmaster

Public Information: Matt (805) 440-9365 / Jackie (805) 714-7864

- He had a request for some small racks; 5 Cities and SLO are going well, We still need someone for North County.

Webmaster: Esteban (Steven)

- Stanley announced that ASC decided to go back to the 4 fold schedules; He will be sending fliers via email to be added to the website. Steven P.: apologized for missing last meeting. There is nothing new about the website other than the struggle to keep up with the emails coming in and apologized for the delay. The website is doing well. There are groups that are using the website some aren't and that's fine.

Phone Line: Joe (805) 610-6278/Gaby (805) 266-8042

- Phone Lines are up and running, they have contacted everyone and lost a few people. They need more women for Phone Lines for the hours of midnight to 6 am.

Literature: Jenny (805) 459-7921/ Patrick (805-458-2723)

- Still dealing with NAWS and they can always need support. They have an order to submit, Kurt will do this as a guest to see if that works. Jenny asked for help at ASC as her helper needs surgery.

Behind the Walls Sponsorship Meeting – Bart (805) 978-6166

- 3rd Saturday every month; 8:30 am
- Women and men sponsors needed. Two Years clean requirement. Go to Regional website to sign up for
- Behind the Walls Sponsorship <https://ccrna.net/btws/>
- Contact Kurt or Bart for more information. Men sponsors are needed for this area, and bi-lingual individuals. If you can write your steps, you can write a 15-minute letter once a month. Women sponsors for BTWS are available and we need volunteers.
- Revamped guidelines. 2 year clean time requirement to sponsor people.

H&I Jack (805) 458-3556

CMC West/East: Kurt (805) 471-7644

East side no dark nights, this month they were doing their own elections.

SM "Good Sam's" Detox: Jack (805) 458-3556

No dark nights. All panel leader positions are filled.

CAPSLO 40 Prado Homeless Shelter: Greg (805) 704-4632

No dark nights. 5 in attendance.

Coed Jail Panel : Stanley (805)296-0076

JBCT Unit 3:00PM to 4:00PM : only dark night was Thanksgiving. They need women to come in as this is a Co Ed facility

SLO Men's Co. Jail: Stanley (805) 296-0076

Tuesday Night 5:30PM - We see 700 & 800 West Dorms simultaneously. Could use 1 or 2 more men volunteers.

Thursday: Kansas Max (K-MAX) 1:00PM to 2:00PM - We are currently rotating between pods. There are 4 men cleared rotating every other week. Pods have asked for weekly meetings. We could use 6 to 8 men to make this happen as a one week a month commitment. The units see regular attendance ranging from 4 to 6 men.

300 West Housing 5:30PM to 6:30PM - They have a weekly attendance of 12 to 14 men. 2 volunteers cover on an every other week rotation. We could use 3 to 7 more volunteers.

400 West Housing 5:45PM to 6:45PM - They have a weekly attendance of 8 to 12 men. 2 volunteers cover on an every other week rotation. We could also use 3 to 7 more volunteers to help cover this unit.

SLO Women's Co. Jail: Jan (818) 438-1654 / Stanley (805) 296-0076

Monday Night: 6:00PM – I Deck 10 women cleared each panel of two covers one week a month only. We cannot take any more volunteers for this unit as our limit was 8.

Thursday Night R Deck 5:30PM: We have two dark weeks a month due to lack of volunteers. We had two women complete the ADA & Jail orientation in Fri 8-25 we now could use 1 or 2 more women for this unit. One dark night due to no volunteers available. 12 women attending their meetings all other weeks. see email from Stanley

SB County Jail (Santa Maria): Mike (805) 215-4215

We call after shift change at 6 to see if we can have a meeting, Deborah has been going in once a month, Chris will be going bak in with Mike. Clearances are moving very slowly right now.

ASH: Bull (805) 550-8140

Down one panel member, things are going well.

Sun Street Center (34 Prado): Bull (805) 550-8140

6 people cleared and they go out once a month. All is well.

Bridge House: Joel (805) 588-9665

Both meetings were postponed due to the holiday. Asked for some literature.

Lompoc Federal Prison: Ralph (805) 478-0720

Meeting is at 9 am during the week. People are interested but schedule is hard. Ralph is going to start going in.

Recovery Way: Anita (805) 717-2275

New panel leader. Going well. 7-10 in attendance

Activities:

- New Year's
 - Speakers are Chris & Rachel from 5 cities.
 - Dinner will be Steak, beans, salad and bread. (beyond meat for veg)

- Still need volunteers for setup, serving food and cleanup.
- Next year event calendar:
 - Day of the Dino - April 13th (Los Osos)
 - Fun in the Sun - June (Avila Beach)
 - Hot Summer Nights - August (Atascadero or Paso)
 - Unity day - September (Santa Maria)
 - Freakfest - October (Morro Bay)
 - New Year's Eve - December (Arroyo Grande)

Activities Treasurer Report -

Beginning Balance: \$ 1,295.64

Deposits/Credits: \$ 1,040.00

Withdrawals/Debits: \$ 231.00

Ending Balance: \$ 2,104.64

Area Treasurer Report:

Beginning Balance: \$1,219.89

Deposits/Credits: \$1,114.20

Withdrawals/Debits: \$454.78

Ending Balance: \$1,879.31

Total: \$1,879.31

Meeting News: Be sure to submit meeting changes on the website

- Off the rock thursday night morro bay - finished basic text moving to living clean
- New meeting - Saturday wake up 7:30-8:45 am, 5318 Palma Atascadero, literature study group, also need a GSR
- JFT group SLO - all business meeting service positions are needing to be filled. Business meeting is last monday of the month at 8:00pm
- Paso Hard Knocks women's meeting monday 6:00 pm looking for alternate secretary

Old Business

- Elections were completed as follows. All GSR please announce the unfilled positions.
 - Chair: Wes
 - Vice-Chair: **not filled**
 - Treasurer: Kurt
 - Vice-Treasurer: Veronica

- Secretary: Heidi
- RCM2: Adrian
- QR code size can be changed but will take the same page size block. Discussed going to a quad-fold format and printing every 3 months going forward. (Quad is larger paper and more cost to print - \$200 per printing). Need to discuss if printing will be every 3 months, will make the new quad fold for next month and vote on the 3 month print cycle.
- Workshop in Guadalupe in October went through World Guidelines on Predator and Disruptive Behavior. Only 5 members attended. Another meeting will be held (hybrid with Zoom). Need a time and place for the meeting. GSR please take to groups. 2 hour meeting slot needed. www.NA.org/sps for the workshop information.

New Business - Quorum reached

- In need of area Vice Chair - IMPORTANT - **please announce**
- In need of area secretary - IMPORTANT - **please announce**
- Going to quad fold meeting schedule and printing quarterly
- Take back to groups - Is your group interested in attending workshop for predatory and disruptive behavior on the 28th January at 10am at the SLO Alano club
- Proposed amending RCM2 clean time requirement to 18 months.
- **Naomi Rockholt is no longer the chairperson and the signer on the checking account and the incoming chair is Wesley B. Davis and will be the new signer**

Next ASC meeting is January 7th, 2024 at 3pm.
Will be a hybrid meeting - Zoom Meeting ID: 826 8602 3456/ no password