

CCASC Minutes November 2, 2025

Meeting opened at 3 pm with the Serenity Prayer

Jessica read the 12 Traditions

Matt read the 12 Concepts

Bart lead the Service Prayer

New GSR

Dane

Minutes from October approved

RSC

Public Relations

- There are open positions
 - Secretary - This has been open for several months, and this service body could really use the support
 - Vice Chair

• BTWS

- See the BTWS Central Coast Liaison Report for all the details
- Open commitments
 - Alternate secretary
 - Fellowship coordinator
 - Male and Female sponsors
 - Spanish-speaking sponsors

• H&I

- Chair reports that there are many panels in need of NA members to support panels throughout the region
- They are working out the logistics of members in Kern County to support other areas

• Convention Committee

- Convention website is open for registration and merchandise @ cceinc.org
- Artwork needed for 2027 convention - see flyer
- Get your room at the discounted price. Rooms go fast.

• Treasurer

- Insurance premiums are due soon, and we are expecting there to be an increase in price. The estimate is approximately \$2000
- Ending balance was \$11,799.62, which is above the prudent reserve of \$6000.00 for this cycle

• Regional Delegate Report

- The Western Service Learning Day is going to be held 10/16/2026-10/18/2026
 - There is a QR code to provide your input on what workshops you would like to see at this learning day - see flier
- Western States Zonal Forum is coming up in Palm Springs - see flier for more details.
- The region will be paying for the regional delegates to attend two events that are coming up shortly.

• Old Business

- Guidelines

- Bring back to the groups the adjustment to the prudent reserves from Article XVII to be approved in the guidelines
- All other articles have been approved
- Open Commitments
 - Nominations were held
 - Chair - Lori
 - Vice Chair - Open
 - Treasurer - Open
 - Vice Treasurer - Open
 - Secretary - Brandi
 - Vice Secretary - Thomas
 - Elections will be held in January
- Regional Assembly Conference Discussion
 - Bring it back to the groups
 - The CAR is currently slated to have only 5 motions; as such, the previous group's consensus to have a 2-night, 3-day event is being brought into question.
 - Not enough motions on the table to justify that kind of time and increased cost for a longer event
 - Alternative suggestions
 - 1-day event
 - Considerations
 - More cost-effective and time-saving
 - 1 night, 2-day event
 - Considerations
 - still more cost-effective than a 2-night, 3-day event
 - build unity amongst the Region
 - this was discussed.
 - The Motions were read.
 -
 - Next in-person RSC will be in January
 - This will be hosted by Central Coast Area of Narcotics Anonymous
 - Where should this be held?
 - We are responsible for providing lunch; the cost for this is reimbursed by Region
 - What should we have?
 - Next RSC
 - 11/16/2025 @ 9am via Zoom

Prudent Reserve for RSC was discussed and the increase was approved.

Public Relations

Meeting opened with the NA Service Prayer at 3:05 pm.

Attendance

Matt, Mike, Jonzel, Kurt, Robert, Stanley, Jonathon

Jonathon read the 12 Traditions

Jonzel read the 12 Concepts

September Minutes Approved with one change

Public Information

Mike stated that Veterans Stand down, Karl helped and they gave away a bunch of the cards and printed out a few schedules, a few IP's. Everything went well and they helped a lot of people. Made some contacts with other agencies, see recording re Stand Down in SLO in August. No one is really asking for literature; took a twenty piece rack to the Stand Down and it fit Spanish and English literature.

Webmaster

Subcommittee Report by Robert B.

(760) 655-6425

- Made meeting changes on digital format and PDF schedule.
- Added flyers to the website and removed old flyers.
- Made a couple website error edits.
- I had heard from another member who expressed concern regarding how long it takes for us to receive activity flyers. It was brought to my attention how this might exclude addicts on probation or parole from attending certain functions because they have to request an out of county pass to attend certain functions.

Phone Lines

Everything is running smoothly.

Regional Public Relations

Chair Michelle (805)946-6044

Michelle is our contact for Regional H&I she is working on how the Area's can help as well as NAWS. She is working on how to get into facilities and how best to serve at H&I. She is also working on getting more collaboration between the Areas. More will be revealed

H&I

Stanley (805)296-0076.

CMC East Kurt (805) 471-7644

no dark nights. The panel has plenty of literature. Need people to volunteer, men only. One year clean one year off paper.

SM "Good Sam's" Detox: Jack (805) 458-3556

All panels are full, no dark nights. We are still looking for a Panel Coordinator

CAPSLO 40 Prado Homeless Shelter: Greg (805) 704-4632

Going well no dark nights about three members coming in for panel.

San Luis Obispo County Jail

County Jail : need male volunteers for all nights, for women we only need volunteers for Thursday night.

Santa Barbara N. Branch Jail: Mike R (805)215-4215

One dark night because they wouldn't let him in, has one new volunteer who has been going in with Mike. They are showing up but aren't always getting in to the facility. Ralph V is still going in to this facility. Mike took in some literature and the residents were thrilled.

Women's side: Debra has been going in but not sure about the other woman. Mari R has been going in once or twice a month.

ASH: Bull (805) 550-8140

Two new members going in and has a few applications out. He is always grateful after doing this panel.

They can always use some books

Sun Street Center (34 Prado): Bull (805) 550-8140

All is going well about six people are going in, always need more people 6 months clean time for volunteers

Bridge House: Jamie and Jeremy (805) 742-9654

Stanley needs to get the phone number for the people doing the panel. Still going well. Mike sent the contact information to Naomi after our meeting and is now reflected in the Minutes.

Another Road: Joel (805)588-966

Full house at the detox and there are residents going to the panel but they are working on going in at a later time.

Recovery Way: Melissa G.(805)315-2063

Going well. No dark nights, took in some literature. She is looking for a format and Stanley is working on that. It was suggested that they look at the formats in the PR Handbook for ideas.

JSC: Heidi (805-610-5099)

Going well are looking for a separate day for NA and AA going in at the same time. Not another On Boarding until June. If interested contact Heidi.

ECHO Homeless Shelter Joe B

They will now only be going to Paso every week as there has been no participation from the clients in Atascadero. More will be revealed

Grizzly

on hold for now. Does not look like it is going to happen.

Pathways

Debra (805)930-5758

Everything is going well.

FCC

Mike R, (805)215-4215

Mike met with them and filled out paperwork and is waiting for them to get back to him. More will be revealed.

Old Business.

We need a Vice Chair. Chair Matt, Secretary is open, PI Mike, Webmaster Robert, H&I Stanley, Phone lines Gaby. More will be revealed.

New Business

We will be updating the Guidelines to add the duties of the Literature Liaison to those of the chair and the vice chair. As Naomi does not know how to do this Stanley will be handling this task.

New Zoom ID for Public Relations meeting; 846 8611 4544 no passcode

Next Meeting

November 23, 2025 at 3 pm at the SLO Alano Club.

Meeting closed with the Serenity prayer @ 3:50 pm

Literature

1. Last NAWS order submitted

Date: 10/27/2025

Order Details:

i. Subtotal: \$1033.73

ii. Order discount: \$-67.19

iii Shipping: \$95.00

iv. Tax: \$82.27

v. Total: \$1143.81

There was discussion about our meeting schedules, they are proposing that they print the schedules which will be printed and handed out at ASC for the meetings for free. This will be discussed at the Group level to decide what we will do. This was discussed.

They have many open position visit the Literature page on the website 10 am. the first Sunday of the month.

Activities

Open with Serenity Prayer-

12 Traditions – Teresa

12 Concepts – Luis

Roll Call-

Cody- Vice Treasurer

Bryce-Treasurer

Teresa- Secretary

Rhian-Vice Chair

Tamika- Chair (Absent with Notice)

Members at large- Jessica, Luis

Visitors- Jacob, Jeff W.

Minutes - Approved

Treasurer Report –Approved

Beginning Balance: \$5720.58

Deposits/Credits \$670.00

Withdrawals/Debits \$602.10

Ending Balance: \$4488.48

OLD Business-

Freakfest

Kurt S. Robyn T. Speakers

Storage 12:45

3 coolers

RPA gear decorations soda and water

UMI 1:30

First Speaker Kurt; Second speaker Robyn

Decorations approved \$81.70

Suggested Donation bucket next to cashier AC

Pie containers

Dana baking cupcakes 24-48 regular size cupcakes

Tamika Cheesecake from Costco

8pm costume contest F M Best Couple

Kid parade

Merch Live Silent Merch Auction

3pm Odd Fellows

NYE

Scott live band \$250

Groups to donate baskets

Joey BBQ

ASC December bring baskets
Tri Tip Beans Salad Garlic Bread
\$20 pre-sale tickets Jessica to make
5-10pm
50/50 Raffle Baskets
Speakers ask Karen C. and Dave
5:30 Eat
6:30-7:30 Speakers
8:00 Neon Game Night
Band 8-9 Break 9-10

7:30 Raffle baskets
Games who is bring ing?
Activities Website updated
New Business-
Announce Chair position at Area
Announce Secretary position Area
Rhian fill in for Tamika for the rest of the year
Portuguese Hall already paid for 2025 and 2026

Tickets:
1-10 Jeff Wood
11-20 Jeff Wood
21-30 Bryce
31-50 Luis
51-60 Andrea
61-70 Teresa Doss
71-80 Cody
81-90 Luis tbd
91-100 given out at Area
Jeff get us wood \$40-\$50 bucks
Band starts at 8-10
Starts at 5
Dinner at 5:30
6:30-7:30 Speakers
Games-
Everyone NA member brings a game to next meeting
Teresa Bop it
Rent U- haul for New Years- Rhian drive store his name

Joey BBQ
Decorations Bryce shopping cart
Jessica to not pay printing costs
Starting next year Activities to pay for printing
Speaker Seekers for 2026
Karen C and Dave from Paso Speakers NYE

Treasurer

I have not yet received the email from the Treasurer as on November 18, 2025
Expenses:
Income:

Ending Balance:

BTWS

Old Business:

- Email coordinator assigned permanently

New Business:

- We received two females requesting sponsorship!**

- We need more male sponsors: 6 male sponsees are in need**

•**If you are interested in being a BTWS sponsor, please call me at
805-332-7120**

Open Commitments:

- Vice Chair
- Alternate Secretary
- Fellowship Coordinator

Additional notes:

- We need male sponsors - both English and Spanish languages

Use the qr code on the wall to get involved

Meeting News

Survivors speaker meetings November 15 at 6 pm the speaker is Angel L with 18 years clean. Last Wednesday of the month the 26th of November Chris M is the 10 minute speaker and Rachel M as the main speaker. November 29 at 8 pm STM John T. and Kurt S are the speakers. The Sunday night Just for Today meeting here at the Alano Club has changed it's format so come down and check it out. There are other changes coming to the JFT Group so stick around and find out. Deck the Halls is an even put on in Santa Barbara speaker jam and dance happening on December 20, 2025 from 3 pm to 10 pm. At 235 E. Covet St. presale tickets are \$30 there is a flyer on our website for this event. The No Nonsense groups is STILL looking for a treasurer and support, please come to 1701 Fredrick's St on Tuesdays and 7 pm.

Old Business

None

New Business

Next RSC will be held in SLO this was discussed, 3rd Sunday of the month at 11:30 am January 18. this was discussed. This needs to be done as an ASC and we need to feed people. This was discussed further. He was directed to talk to 5 Cities about the Venmo situation for JFT. This was discussed. We made Quorum by 1 person so we can do business.

Elections

All positions are available.

Chair Joshua I.

Vice chair open

RCM 2 open

Treasurer Veronica

Vice Treasurer open

Secretary Naomi

Requirements can be looked up online at www.centralcoastna.org

All positions are open for Activities. At the end of the year they will donate money to ASC do we want these funds now instead as they are already set to go for next year. This was discussed. It was decided that they should donate once a year. This was discussed. Bring this back to your Groups to see what they say.

Meeting closed at 4:23 with the 3rd Step Prayer

Zoom ID: 826 8602 3456 no password