

CCASC Minutes December 7, 2025

Meeting opened at 3 pm with the Serenity Prayer

Joshua read the 12 Traditions

Mike R. read the 12 Concepts

Liesl B. lead the Service Prayer

New GSR

Joseph B.

Terry C.

Minutes from November approved

RSC

Treasurer

- Insurance due soon. \$1814 to be paid when the bill arrives. Due before Jan 1, 2026.
- Balance approximately \$12,000. No expenses this month. See the full treasurer's report for more information.
- Regional Delegate Report
Central California Region of Narcotics Anonymous

RD Team Report November 2025

As of Oct 30, 2025, the CAR (Conference Agenda Report) was released for the purpose of...fellowship review and input. These results are due by April 1, 2026. As of Nov.

13, 2025, NAWS (Narcotics Anonymous World Services) released 6 (six) different Power Point Presentations on the explanation, rational and financial impact of the CAR.

Here is our current vision and goal as your RD Team... In hopes to better serve the members of the CCRNA Region, we are encouraging all members the go to www.na.org and go to the Service Resources tab and scroll down to the World Service Conference link and open it to the 2026 CAR box and press enter. If you open the CAR Workshop Materials, this will offer six different Power Point Presentations on everything the fellowship is asked to respond to.

Remember...this is split into multiple topics.

1. Introduction to the CAR

2. Motions

3. Gender-Neutral and Inclusive Language
4. DRT/MAT in NA-Helping Members Take Root
5. Literature, Service Material, and IDT Survey
6. Pricing Our Literature

Most important factor for our members to understand and respond to is Motions are for the Group level discussion and response. The two prioritized topics 3 and 4 (Gender Neutral and DRT/MAT) are for any and all members to respond. Same with #5 any and all members are encouraged to respond. Your choices are as individuals or as a group.

Due Date for EVERYTHING is April 1, 2026 Survey available at www.na.org/survey

Honored to serve in this capacity

All of the above was discussed and questions answered.

- Old Business
 - Guidelines are not ready to be voted on until the next meeting.
- Open Commitments
 - Nominations:
 - Chair – Lori E
 - Vice Chair –
 - Treasurer –
 - Vice Treasurer –
 - Secretary – Brandi B
 - Alternate Secretary – Thomas V
 - Webmaster -
 - Bring additional nominations to the next RSC
- Regional Assembly Conference Discussion
 - An ad hoc meeting will be held on November 23, 2025, via Zoom to discuss venues and planning for this two-day event.
- Next RSC
 - December 21st, 2025 via Zoom

There will be a CAR workshop at the CCRCNA in February but it is a good idea to familiarize yourself with the CAR so if questions arise they can be answered at the workshop. Any responses to the Motions need to be turned by ASC in April to ensure that our RD can get them picked up in time.

March 13-15 for the Regional Assembly. Need to get a firm number of attendees to account for rooms and food, even if some people only come out to the Assembly for the day on Saturday. This was

discussed and GSR's were informed that this is part of their commitment and they need to do their best to attend the Assembly next March.

Public Relations

Meeting opened with the NA Service Prayer at 3:05 pm.

Attendance

Matt, Mike, Robert, Stanley, Naomi, Kurt, Bart, and Gaby

Mike read the 12 Traditions

Stanley read the 12 Concepts

October Minutes Approved.

Public Information

Nothing new to report. There was a flyer from the Survivors group that was sent to Mike but it didn't have the trademark on the NA symbol on it. This was discussed. We need to have that trademark on our flyers etc to protect NA. The flyers etc have historical value to NA and needs to be dated and with the trademark on it. This was discussed further. This will be brought to ASC with a solution; there is a link to the RSC website, where there is a link to the NAWS website where one can get a link to the trademark. Kurt will go to ASC and bring this up as there are several flyers on the website that do not have the trademark.

Webmaster

Subcommittee Report by Robert B.

(760) 655-6425

- Made meeting changes on digital format and PDF schedule.
- Added flyers to the website and removed old flyers.

Robert will start working on flyers to make sure they have the trademark. Kurt will also talk to Jessica about the trademark issue. We will make sure that the trademark is included on flyers from here on out

Phone Lines

Everything is running smoothly. No new people but all is going well. We do need more women on the phone lines.

Regional Public Relations

Chair Michelle (805)946-6044

Mike has texted back and forth with Michelle but she is only doing H&I, not PR as a whole we will bring this up the the RCM so she can let us know what's going on. In January RSC will be here in SLO, We have no idea what's going on with Regional Public Relations, if we can at least find out if there will be a workshop on PR, H&I, and PI. It's not too late at present but if we wait too long, it will be. Bull is going to put a little bit of pressure on ASH and Matt is going to speak to Marielle about getting Sponsorship Behind the Walls up and running at ASH. Mike stated that ANY piece of NA literature has an address for NAWS so any member can write to them.

H&I

Stanley (805)296-0076.

CMC East Kurt (805) 471-7644

They need people to volunteer. Bart and Karl have been going out but they need more people. One year clean one year off paper. Once one is off parole they are immediately eligible to join this panel.

SM "Good Sam's" Detox: Jack (805) 458-3556

All panels are full, no dark nights. We are still looking for a Panel Coordinator.

CAPSLO 40 Prado Homeless Shelter: Greg (805) 704-4632

Going well no dark nights about three members coming in for panel.

San Luis Obispo County Jail

Need male volunteers for all nights, for women we only need volunteers for Thursday night.

Santa Barbara N. Branch Jail: Mike R (805)215-4215

One dark night because they wouldn't let Mike in; the unit he goes into is on fire for NA and are having meetings when Mike isn't there. Debra says that she doesn't know who's going to the women's side. We need more women, one year clean two years off paper. Contact Mike to get involved.

ASH: Bull (805) 550-8140

Two new members going in and has a few applications out. He is always grateful after doing this panel.

Sun Street Center (34 Prado): Bull (805) 550-8140

All is going well about six people are going in, always need more people 6 months clean time for volunteers

Bridge House: Jamie and Jeremy (805) 742-9654

Stanley will reach out to them now that he has contact information. They are changing their meeting time to seven starting in December.

Another Road: Joel (805)588-966

Going well, all but one week was covered.

Recovery Way: Melissa G.(805)315-2063

Going well. No dark nights, things are going well.

JSC: Heidi (805-610-5099)

June 2026 is the only upcoming On Boarding this was discussed. If there are people who want to get involved the facility would be willing to do another On Boarding but until then the only one scheduled is not for another six months or so.

ECHO Homeless Shelter Joe B

Only one dark night. They go to Paso every week.

Pathways

Debra (805)930-5758

one dark night but everything is going well.

FCC

Mike R, (805)215-4215

Mike is still waiting on the results for his clearance.

Old Business.

We need a Vice Chair. Still need a secretary and a H&I Panel Coordinator. Various means of getting people more involved with PR were discussed.

New Business

Getting a zoom meeting to the inside the facilities was discussed, it boils down to getting Regional PR up and running. Mike went to the PI and H&I workshop at the convention and they are about ten years behind us but they loved our QR cards. We are in the process of training Bart to replace Stanley in the next year.

New Zoom ID for Public Relations meeting; 846 8611 4544 no passcode

Next Meeting

December 28, 2025 at 3 pm at the SLO Alano Club.

Meeting closed with the Serenity prayer @ 4:07 pm

BTWS

No report as the meeting was canceled. They do need more male sponsors as there are more men asking for sponsors. If there is are women who would like to sponsor let Marielle know so she can add them to the wait list to be assigned a sponsee.

Literature

Reports

Order Details:

1. Subtotal: \$762.50
2. Order discount: \$-49.56
3. Shipping: \$60.00
4. Tax: \$59.93
5. Total: \$832.87

They are in need of a secretary either in person in Los Alamos or via Zoom. The requirements are one year clean but fifty percent of that can be waived with a two thirds vote. They are looking for someone who is familiar with Google Drive, Docs and Sheets or a willingness to learn. They meet the first Sunday of every month before coming down to ASC. They are having issues with NAWS but while this is being worked out they want to be proactive in working it out on their end. They committee would like to push the order date to the third Sunday of the month at five pm. Regarding Literature for Public Relations the Literature committee has \$500 for Literature for the month they would like to use \$300 of that instead and then readjust as needed. This was discussed. It was decided that PR and Literature will work together to find a solution.

Activities

See flyer online for information about the New Year's event.

Open with Serenity Prayer-

12 Traditions – Teresa

12 Concepts – Cody

Roll Call-

Cody- Vice Treasurer

Bryce-Treasurer

Teresa- Secretary

Rhian-Vice Chair

Tamika- Chair (Resigned) Not present

Members at large- Jessica, Luis, Adrienne

Visitors- 0

Minutes - Approved

Treasurer Report –Approved

Beginning Balance: \$5788.48

Deposits/Credits \$21.00

Withdrawals/Debits \$90.00

Ending Balance: \$4619.48

OLD Business-

Announce Chair position at Area

Announce Secretary position Area

Rhian fill in for Tamika for the rest of the year

Portuguese Hall already paid for 2025 and 2026

Tickets:

1-10 Jeff Wood

11-20 Jeff Wood

21-30 Bryce

31-50 Luis

51-60 Andrea

61-70 Teresa Doss

71-80 Cody

81-90 Luis tbd

91-100 given out at Area

Jeff get us wood \$40-\$50 bucks

Band starts at 8-10

Starts at 5

Dinner at 5:30

6:30-7:30 Speakers

Games-

Everyone NA member brings a game to next meeting

Teresa Bop it

Rent U- haul for New Years- Rhian drive to storage as it is in his name

Joey BBQ

Decorations Bryce shopping cart

Jessica to not pay printing costs

Starting next year Activities to pay for printing

Speaker Seekers for 2026

Karen C and Dave from Paso Speakers NYE

New Business-

Bryce ordered decorations for NYE \$202.90

Rachel Mallory tickets

Luis gave Bryce money for tickets

25 tickets left for day of NYE

Band will be there at 5:00 pm

Buy Food for 125 people head count

Luis to take Rachel's 10 tickets

Jeff's 20 tickets

Day of NYE Volunteers serve food/ clean up 5pm

Haul Rental- Bryce and Rhian 10am

Storage

Costco

Get key for Portuguese Hall

Wood from Luis for \$75

Jeff wood?

WOOD

Luis is going to stay not leave

Neon shirts for Activities Committee-Black Tshirts

70 lbs tri tip

4 cans beans

6-8 big bags salad

Extra bread 12-15 loaves

Box of chips
Food \$400-\$600
Costco cookies
Vegan Sausage
Bryce and Rhian go to storage on January 2 nd . To put everything away.
6A one Re-election; One year

Duties and Functions at events
Self- review changed back to Area
Submitted to Area
Next Year and Elections
8 baskets to be collected. +
They are looking for a Chair Person. Teresa is the new Secretary. They will be working on the events for next year and will have a full schedule by next ASC.
They are also looking for a Chairperson.

Treasurer

Expenses: \$83
Income: \$1,178.10
Ending Balance: \$2064.11
New Balance \$1,490.85
Still need Co Treasurer. See the Guidelines which are available online.

Meeting News

JFT needs support, and a GSR and Literature Person. New Attitudes is having an event on December 13 at 7:30 pm, a Christmas pj party which is a free event. On the 14th Mens breakfast which is open for everyone. It is at 11 am in Lompoc this is also a free event put on by the Men's Group. Santa Barbara event on 12.20/2025, the flyer is on the website. STM speaker meeting on December 27 the speakers are Keala B from Santa Maria. The Survivors Groups has their speaker meeting on December 20th at 6 pm the speaker is Glenn S. from Orcutt. They usually have a speaker meeting the last Wednesday of the month but this will be a regular meeting instead. December 21st they are having a potluck from two until five pm.

Old Business

Guidelines for Activities were discussed and approved

New Business

Prices for Literature are going up, the new prices will be on website by the end of the week. Use the new order form for paper orders which will also be on the website. Schedules were discussed. Groups can purchase them for \$2/10 this was discussed. There is \$80 allotment for schedules this was discussed. The Literature committee will bring 40 schedules and see where we stand. This was discussed further. Kurt was able to remove old Treasurer from our Venmo account,

Elections

Still need a Vice Chair, RCM 2 and Co Treasurer at ASC; a Vice Chairperson and a Secretary for PR and Literature; and a Chairperson for Activities
Requirements can be looked up online at www.centralcoastna.org

Meeting closed at 4:06 with the 3rd Step Prayer
Zoom ID: 826 8602 3456 no password

