

CCASC Minutes February 1, 2026

Meeting opened at 3 pm with the Serenity Prayer

Angelo read the 12 Concepts

McKenna read the 12 Traditions

Greg lead the Service Prayer

New GSR

Jeffery

Alesia

Joseph B

Lorenzo

Jeannette

Minutes from January approved

RCM

We are all set up for the CAR Workshop February 15 at 1pm lunch is included and there is an AdHoc meeting on the 8th if anyone would like to attend.

GSR's please bookmark the RCM & GSR Hub at <https://ccrna.net/rcm-gsr-hub/>

- This is the most up-to-date information from our region
- Public Relations
 - Not present
- BTWS
 - Not present
- H&I
 - Going well, all areas are stable.
- Treasurer
 - Reports have been submitted to our area via email.
 - Region approved expenses to pay for RD and ARD to attend the Western Service Zonal Forum
 - Refion approved expense to pay for RD and ARD to attend the World Service Conference. \$3329.00
- Regional Delegate Report
 - Please see the attached report.
 - Individuals can submit their responses to survey questions.
 - Groups should have their tally sheets and CAR motion responses ready to submit to Mariel, the RCM, by 04/01/2026. I will submit these as a PDF attachment to our RD's once they have been received.
- Old Business
 - The guidelines are attached to this email and have been approved.
- Commitments
 - Elections:
 - Chair - Lori E
 - Nominations:
 - Vice Chair - Open
 - Treasurer - Ron - Gold Coast

- Vice Treasurer - Richard L - Gold Coast
- Secretary - Brandi B - Kern
- Alt Secretary - Thomas V - Kern
- Webmaster - Lauren M - Gold Coast
- Regional Assembly Conference Discussion
 - Regional Assembly Conference AdHoc
 - Richard L (RCM - Ventura) nominated for AdHoc chair
 - Meeting every Sunday at 9am via Zoom to coordinate the event.
 - Please note that there have been no successful meetings held to coordinate this event. (Not sure what is going on here.)**
- Next RSC
 - .02/15/2026 @ 9am via Zoom.
 - Transaction Payment C Deposit Balance
 - 1/2/2025 DEP Deposit via Zelle R 75.00 9,201.04
 -
 - SPLIT
 - WSZF Income:Meals 75.00
 - John Lindsay lunch & taco bar
 -
 - 1/3/2025 DEP Deposit R 546.21 9,747.25
 -
 - memo: Gold Coast area
 - cat: Donation Income:ASC
 -
 - 1/3/2025 DEP Deposit via Zelle R 35.00 9,782.25
 -
 - SPLIT
 - WSZF Income:T-shirt sales 25.00
 - cash received
 - Donation Income:Group & Individual 10.00
 - cash received
 -
 - 1/6/2025 EFT Monster Printing (via Zelle) 104.00 R 9,678.25
 -
 - memo: WSZF shirts

- cat: WSZF Expense:T-shirt purchase
-
- 1/7/2025 DEP Deposit R 33.75 9,712.00
-
- memo: Simi Spiritual Not Religious meeting
- cat: Donation Income:Group & Individual
-
- 1/7/2025 2312 Gilbert Gonzalez 74.81 R 9,637.19
-
- memo: postage
- cat: BTWS:Postage & Supplies
-
- 1/9/2025 EFT Philadelphia Insurance 1,786.00 R 7,851.19
-
- memo: annual policy premium 01/01/25 to 01/01/26
- cat: Insurance
-
- 1/11/2025 DEP Deposit R 75.00 7,926.19
-
- SPLIT
- WSZF Income:Meals 75.00
- Jeffrey Walsh buffet & taco bar
-
- 1/11/2025 DEP Deposit R 75.00 8,001.19
-
- SPLIT
- WSZF Income:Meals 75.00
- Tom Kondo buffet & taco bar
- Central California Regional Committee of Narcotics Anonymous
- 2025 Financial Activity by Category (01/01/25-12/31/25)
-
- Beginning register balance 01/01/25: \$9126.04

- RSC Meeting Expense 142.50 0.00 0.00 0.00 0.00 0.00 0.00 215.83 190.00 0.00 151.34
0.00 0.00 699.67
- Travel & Per Diem 1,374.53 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 1,807.47 0.00 0.00
0.00 3,182.00
- Website: Domain
- Hosting 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 179.88 179.88
- WSZF Expense
- WSZF
- Expense:Supplies 0.00 22.51 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 22.51
-
- WSZF Expense: T-
- Shirt Purchase 104.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 104.00
-
- WSZF Expense:
- Venue 0.00 5,170.03 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 5,170.03
- Total WSZF Expense 104.00 5,192.54 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00
0.00 5,296.54
- TOTAL EXPENSES 3,481.84 7,103.30 0.00 0.00 73.00 93.10 275.94 313.46
1,807.47 190.34 573.43 2,053.43 15,965.31
- NET
- INCOME/EXPENSE 1,442.93 4,115.73
- Central California Region of Narcotics Anonymous
-
- RD Team Report January 2026
-
- We encourage every member to go to www.na.org/survey and participate in the 3
- current surveys. This will help NAWS work towards what the fellowships current views are
- in regarding future project goals for the next WSC Cycle.
- NAWS News is currently available @ www.na.org/newsnews In it is all most current
- info on World Service Conference (WSC), Price increases, how to get involved by attending
- the many different Webinars. The progress on the next WCNA is potentially being held in
- Europe. How to become an employee for the NA World Service Office. For the latest

- progress go to www.na.org/news-updates
- Conference Agenda Report (CAR) is available at www.na.org/conference Here you
- can now use either a Power Point Presentation or Video to better understand the current
- motions. We are slated to attend the next Regional Committee Meeting at 605 East Chapel
- St, Santa Maria, CA 93454 on Jan 18, 2026, at 11:30 am. All members are encouraged to
- attend. Next, we are headed to Renaissance Palm Springs Hotel Jan 22-25 for the annual
- Western States Zonal Forum (WSZF). Upon return, Feb 3, 2026, the Conference Agenda
- Track (CAT) will be released, and we (RD Team) will make ourselves available for any Area
- Body that REQUESTS to come speak directly to the GSR's for any clarity, or questions they
- may have as a result of Motions release. We will also be available at the 34th Annual
- Regional Convention for the Central California Region on Saturday Feb 21, 2026. Our vision
- and goal as RD Team are to Inform as many as 200 GSR's in the CCRNA Region and collect
- the tally sheets by April 1, 2026. We will be submitting our conscience for the WSC Straw
- Poll Vote on April 18, 2026.
- NAWS has posted the dates and times various Regions Globally that will be hosting
- Regional Workshops on the Motions. Great way to visit how sees and discusses the topics
- that matter.
- Please remember...Groups submit ONE Motions Tally Sheet per Group. Please
- remember to label name, day, time and area the meeting is submitting for! Any individual
- member can answer the follow questions without identification.
- RD Dennis D. (818) 693-0824 rd.ccrna@gmail.com
- RD Alt Ells W. (907) 242-9066 altrd.ccrna@gmail.com

Public Relations

What have we got on back from the Groups regarding getting more people involved with service and nominations were mentioned as well as Life balance and already committed and lack of knowledge about how to get involved and what it entails.

Public Relations Meeting Notes

January 25, 2026

Meeting opened with the NA Service Prayer at 3:03 pm.

Attendance

Mike, Gaby, Matt, Stanley, Bart, Naomi, Rick, Kurt

Stanley read the 12 Traditions

Rick read the 12 Concepts

December Minutes Approved.

Public Information

Mike is working on starting a panel at Santa Barbara JSC. He has not heard anything more from SB JSB. Discussion regarding the logo issue was continued. Robert and Kurt are working on fixing this issue. It was decided that we would draw a hard line and remove the flyers that are not compliant with the trademark issue Rack Routes were discussed, Mike does the ones in Santa Maria, Guadalupe and points south. The rack routes in other parts of the county are being covered. If anyone needs Literature for a Route get a hold of Mike and he will meet anyone at any meeting to get them whatever they might need.

Webmaster

Subcommittee Report by Robert B.

(760) 655-6425

- Made meeting changes on digital format and PDF schedule.
- Continued working on relaying the importance of full addresses, dates and the inclusion of registered trademark NA logos.
- Added flyers to the website and removed old flyers.
- The free Canva application does work to add transparent logos to a flyer and other basic flyer modifications or creations that groups can use to produce flyers that meet the website requirements.
- We met as a subcommittee, added the NAWS CAR URL to our site at the request of a member. This allows members or groups to explore information related to the CAR and participate in the specific surveys. This link can be found at the top of the home page.
- We are still working on the formatting of a new printable schedule.

Phone Lines

Gaby (805)266-8042

Two new ladies have signed up for the phone line, she did check in with panel members to make sure all was well.

Regional Public Relations

Mike went to RSC to get an answer regarding Regional PR, Art was not there but Mike spoke with the RSC Chair who directed him to the regions website. There is a link to log into the meeting via Zoom, this was not shared with anyone. Mike now knows what to do to attend the meetings in order to cooperate with them to help make PR better. There was discussion regarding the guidelines but they

were not in the minutes. They were talking about combining BTWS, PI, H&I, Webmaster into one body at the Regional level. This was discussed. There will most likely not have a PR workshop at the convention. CCRNA website, go to GSR hub and you will find a link to the information about the meeting for Regional PR Zoom meeting. Next RSC meeting in Bakersfield on April 19 at 11:30 in person only.

H&I

Bart (805)978-6166

CMC East Kurt (805) 478-7644

One dark night need Literature and volunteers. It's been covered but there are people who won't be available. We need volunteers or Fire Camp will go dark. Bart is the only lifeline for CMC at present.

SM "Good Sam's" Detox: Jack (805) 458-3556

All panels are full, no dark nights. We are still looking for a Panel Coordinator.

CAPSLO 40 Prado Homeless Shelter: Greg (805) 704-4632

One dark night and there are three to four residents per meeting.

San Luis Obispo County Jail

Kenda will be stepping in in February she will be doing all of the vetting for the ladies going forward, If a woman wants to sign up for this panel they must go through Kenda, no exceptions. Need people for all panels over all.

Santa Barbara N. Branch Jail: Mike R (805)215-4215

One dark night on the 2nd of January, has someone going in things are going well. Still unsure about what's going on on the women's side.

ASH: Bull (805) 550-8140

Doing well; there are twenty to thirty residents attending the panel

Sun Street Center (34 Prado): Bull (805) 550-8140

Bull has been bringing in alumni with 6 months clean all is well. They are reading the clarity Statement at every meeting

Bridge House: Jamie and Jeremy (805) 742-9654

Things have been going great. They are now going in at 7. it's been picking up again.

Another Road: Joel (805)588-9665

All panels filled going well.

Recovery Way: Melissa G.(805)315-2063

Going well. No dark nights, things are going well. Would like a new panel leader, this was discussed

JSC: Heidi (805-610-5099)

The panel needs more people; the next onboarding is in June. If more people want to get involved they may be able to move onboarding up but at present it is set for June. Both men and women need to get involved

ECHO Homeless Shelter Joe B

No dark nights and there is participation every week.

FCC

Mike R, (805)215-4215

Mike is still waiting on the results for his clearance.

Old Business.

Literature will not be ordering for us due to back stock but will be added back in as needed. Still need VC and a secretary, RPR is still in process, more will be revealed.

New Business

We need the sub-committee coordinators and the panel coordinator need to be here or on Zoom, per the Guidelines. Need to update the handbooks we will contact Jessica to get copies of them to update them. This was discussed.

New Zoom ID for Public Relations meeting; 846 8611 4544 no passcode
Next Meeting

February 22, 2026 at 3 pm at the SLO Alano Club.

Meeting closed with the Third Step Prayer @ 4:05 pm

BTWS

The committee is functioning well.

- We still have open commitments:
 - ' Open Positions –
 - Vice Chair
 - Alternate Secretary
 - Fellowship Coordinator

Need sponsors both men and women, and Spanish speakers, two years clean.

Literature

Reports

Chair

Last NAWS order submitted

Date: 12/29/2025

Order Details:

Subtotal: \$563.17

Order discount: \$-33.00

Shipping: \$48.00

Tax: \$40.52

Total: \$618.69

Will continue the pushed back order deadline, the order came in on Thursday and gave them enough time to put it all together. The H&I Basics revisions are out the Literature committee will be having a hybrid meeting March 15, 2026 3-5 pm. Talk to Jessica to get involved. Go to www.na.org to give feed back on your own.

Still need a secretary 6 months but will waive 2/3 of that clean time, can be a virtual commitment. All they need are Minutes and Agendas this is a good way to get involved.

Activities

Desiree has been elected as vice chair. Still need a vice treasurer position filled. Had trouble getting Cody and Bryce added to the account, so they had to start a new account and the bank statement is not available at this time.

\$4933.31 is the current balance.

Cupids Crush on Feb 14 from 1-230 and the Central Coast Sports Arena in Santa Maria \$10 for skates, pizza and water

Day of the Dinosaur April 11, will have flyers and tickets will be available next month. The event is at

Portuguese Hall in Arroyo Grande from 9:30 am to 3:30 pm see website and click on Activities and if you scroll down there is a tab where you can nominate a speaker for this event. Speakers must have 20 years or more to speak at this event.

Made edit to Guidelines the way financials are set up for this committee are \$2500 working capital and \$2500 prudent reserve but some times this isn't enough money to work with so they are asking to revise the guideline to a \$5000 working capital to they won't have to meet to decide if they can get monies from prudent reserve. This is just to give them more flexibility in putting on events.

Open with Serenity Prayer-

12 Traditions – Adrienne

12 Concepts – Luis

Roll Call-

Empty- Vice Treasurer

Bryce-Treasurer

Teresa- Secretary

Empty-Vice Chair

Cody-Chair

Members at large- Jessica, Luis, Adrienne, Rhian, Bart

Visitors- Desiree

Minutes - Approved

Treasurer Report –Approved

Beginning Balance: \$3553.96

Deposits/Credits: \$ 0

Withdrawals/Debits: \$37.92

Ending Balance: \$4933.31

OLD Business-

\$1200 deposit for NYE 2026

Empty Chair Position

Cody officially voted in as chair

Rhian officially resigned as Vice Chair

Announce to area for one month Vice Chair Vice Treasurer position

Expectation- must be willing to ascend to Treasurer and Chair

Next year's Events-Timelines Locations

Cupid's Crush Santa Maria 2/14 Saturday 12:45 1-2:30

50/50 Raffle \$10 per person Waiver

2 Lines of people to get in faster

1.5-hour event

Out and gone by 3pm

Santa Maria Costco Pizza \$120- 10 Pizzas-Sell hats

Jessica to get Pizzas

Bryce get cases of water

Day of the Dinosaur 4/11/26 Saturday- AG-Odd Fellows in SLO? -Need BBQ Pit

Sanat Maria Elk's Club? \$1800 women's Club-Hope Church-Masonic Hall SM Vet's

Hall Lompoc-Bryce Research

6/6- Saturday- Fun in the Sun-Avila

8/8- Atascadero Kawanis Club-Hot Summer Nights-Pavillion 8/7?

9/12th or 19th Saturday Unity Day Waller Park #7 Bryce to look into and lock10/24

Saturday Freak fest Locations?

New Business-

Closed old bank account under nonprofit.
Opened new bank account at same bank. Cody and Bryce on account.
\$5000 grand our budget
Vice Chair Desiree
Vice Treasurer position still open
Cupid's Crush
Costco SM 11:30 Bryce Cody Jessica
Waters plates pizza napkins
Order pizzas ahead of time

1-2:30
Out of building at 3pm
2 people signing waivers
50/50 raffle sell tickets
Merch all together
Hats out of storage
Raffle tickets
Jessica order 12 pizzas cheese
Day of the Dinosaur
April 11, 2026
\$1200
4-speakers
9:30am – 3pm
10am speaker 1
11am speaker 2
12 noon-BBQ Eat
1pm speaker 3
2pm speaker 4
Raffle at the end of event
Joey BBQ/ Luis Brother BBQ
Chicken Bread Beans Salad
Light fire 9am
Wood for BBQ
Merch Day o the Dino

Treasurer

Old Balance: \$1786.32
Expenses: \$1209.83
Income: \$730.37
New Balance: \$1306.86

Had a hefty donation from 5 Cities event committee. Can we send \$300 to RSC? It was decided that we will do this. Su is here to talk about becoming vice treasurer at ASC.

Meeting News

The board shows the speakers for JFT February 21st at the Alano Club the speakers are PJ and Heidi.
STM event February 13th from 9pm to 11pm; a \$1 dance STM speaker meeting the speaker is Larry H with 27 years clean on February 28th Survivors February 21st there will be no speaker meeting but will be an open participation meeting with chips February 25th speaker tbd
New Attitudes 3/14 Chili cook off 11:30-3 \$10 for chili and a hot dog. There will be a flyer next month.
Glenn spoke about the convention and told everyone to talk to him at the convention if they're having

any problems, concerns or questions

Old Business

Remove Jacob Landers from the Bank Account at Well's Fargo and add Joshua Ibe to it. Kurt will call Well's Fargo to see what we need to do. This is still pending

How do we stimulate people to get involved with service? This was discussed. WE did an audit of Activities financials and all is well. We also need to audit ASC's financials. Rick, Joshua and Robert, will be meeting March 1 before ASC at 2 pm at the Alano Club. Anytime a member wants to look at the books they are welcome to do so at all levels of NA service. We have never posted the results of this online but the books are open for anyone who wants to look at them. This was discussed. It was mentioned that if everything is fine they adhoc committee comes back as says so, if there's a problem then everyone will be apprised of the situation.

New Business

Su would like to be our Vice Treasurer qualifications were discussed, she is over qualified, she accepts the commitment. Qualifications for V Chair discussed. Marci was nominated and will get back to us next month. CAR workshop: hoping to serve food but how many are willing to go? This was discussed. The CAR was discussed. All are invited if they wish to go. Food pricing was discussed \$300 is the budget. Guidelines are available on the website www.centralcoastna.org

Elections

Still need a Vice Chair and RCM 2 at ASC; a Vice Chairperson and a Secretary for PR and a secretary for Literature.

Requirements can be looked up online at www.centralcoastna.org

For Literature the requirements are 6 months clean time

2/3 can be waived

Can be virtual commitment

1st Sunday of every month at 10am

We will drive to train on Google Docs, Google Drive, and Google Meet

Next meeting March 1, 2026 3 pm

Meeting closed at 4:pm with the Serenity Prayer

Zoom ID: 826 8602 3456 no password