

CCASC Minutes January 4, 2026

Meeting opened at 3 pm with the Serenity Prayer

Cody read the 12 Traditions

Glenn read the 12 Concepts

Bart lead the Service Prayer

New GSR

None

Minutes from December approved

RSC

Treasurer

•Regional Delegate Report

What is Regional Assembly? A Regional Assembly of Narcotics Anonymous (NA) is a

- key component of the NA service structure, which operates at a regional level to
- support local NA members, groups, areas, and ultimately carry the message of
- recovery to addicts who are still suffering.

•Purpose and Function:

- Pool Resources and Experience: Regional Service Committees (RSCs) organize
- regional assemblies to bring together areas within the region, allowing them to share
- resources and collective experience.

- Discuss Service Matters: Regional assemblies provide a forum for Group Service
- Representatives (GSRs) and Regional Committee Members (RCMs) to discuss a
- wide

•range of service-related issues and concerns.

- Connect with World Services: Regional assemblies provide a way for local groups
- and areas to communicate and engage with the World Service Conference (WSC),
- including discussing matters that may come before the WSC and electing regional
- delegates and alternate delegates to the WSC.

- Promote Unity and Growth: Assemblies foster unity within the region and aim to
- promote growth, strength, and the overall well-being of the Fellowship.

•Participants:

- Regional Committee Members (RCMs): Elected by the areas within the region,
- these individuals form the core of the Regional Service Committee(RSC).

- Group Service Representatives (GSRs): These representatives attend regional
- assemblies to participate on behalf of their individual NA groups.

- Others (Sometimes): In some instances, all NA members in a region are welcome
- to

•attend, allowing for broader participation.

•In essence, a Regional Assembly is a gathering of NA representatives from a

particular

- geographic region who come together to address service-related matters, share
- experience, and contribute to the overall health and growth of the Narcotics

•Anonymous Fellowship within that region.

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- When would this event take place?
- March 2026
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- Main objective for this particular assembly?
- To get a group conscience on the CAR report for the Regional Delegates to take to the
- World Service Conference.
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- Ideas for options for the gathering
- *Weekend venue Fri-Sun
- Arroyo Grande- Lodging cost \$6000 for entire facility- potential to sleep up to 89
- people if some people double up. We are also able to have people bring air
- mattresses if we need to fit more people. We have 38 members who have RSVP to
- date. Region will pay for 1 GSR from each group, 2 RCMs for each area, RD and RDA,
- the regional service committee and any volunteers to help with the food service.
- Individual members would be welcome to attend but would need to pay their own
- way. Food, audio visual, and additional insurance would be costs outside of the \$5950
- for lodging.
- *Full one day only
- As there are only 5 motions to discuss in this year's CAR, it is very reasonable to get
- through all motions in a 1 day event. The cost of a one day event would be \$250 or
- less for the space rental. Food, audio visual, and additional insurance would be costs
- outside of the \$250 for the space.
- To put these funds in perspective, the region spent \$3700 last year to send the RD
- and RDA to WSLD and WSZF. These are the expenses incurred on an off conference
- year. A regional assembly to discuss the CAR would occur twice every 3 years per
- our current WSC cycle. These funds are donated by the groups and the areas within
- the region to carry out the wishes of those groups and areas to further our primary
- purpose and promote unity. It is up to the fellowship at large to delegate how these
- funds are spent.
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- Open Commitments
- Nominations
- Chair – Lori E
- Vice Chair –
- Treasurer –
- Vice Treasurer –
- Secretary – Brandi B
- Alternate Secretary – Thomas V
- Webmaster – NEED ASAP
- Bring additional nominations to the next RSC
- Regional Assembly Conference Discussion
- There has been a delay in making progress toward planning this event.

- There are only 38 RSVPs for this event, and as such, the RSC service body has made the decision not to move forward with scheduling a 2-night, 3-day event in the interest of being prudent with the fellowship's money.
 - Refer to the RD report about RAC for more information on this matter.
 - We will need to take another group conscience about what t do next.
 - There was discussion regarding the Regional Assembly length. Most people are willing to go for a one day event. They will be asking for our votes on the Motions. There was discussion about holding a workshop outside of the Convention. How long would this take? Perhaps 4-5 hours 1:30 pm-5pm February 15, 2026 this can also be available as well. The CAR was discussed.
 - Next RSC
 - .Next in person Central Coast January 18th
- , 11:30 am
- Santa Maria Survivors Group facility
605 East Chapel St, Santa Maria 93454

Public Relations

Meeting opened with the NA Service Prayer at 3:05 pm.

Attendance

Matt, Mike, Robert, Stanley, Naomi, Kurt, Bart, and Gaby

Mike read the 12 Traditions

Stanley read the 12 Concepts

October Minutes Approved.

Public Information

Nothing new to report. There was a flyer from the Survivors group that was sent to Mike but it didn't have the trademark on the NA symbol on it. This was discussed. We need to have that trademark on our flyers etc to protect NA. The flyers etc have historical value to NA and needs to be dated and with the trademark on it. This was discussed further. This will be brought to ASC with a solution; there is a link to the RSC website, where there is a link to the NAWs website where one can get a link to the trademark. Kurt will go to ASC and bring this up as there are several flyers on the website that do not have the trademark.

Webmaster

Subcommittee Report by Robert B.

(760) 655-6425

- Made meeting changes on digital format and PDF schedule.
- Added flyers to the website and removed old flyers.

Robert will start working on flyers to make sure they have the trademark. Kurt will also talk to Jessica about the trademark issue. We will make sure that the trademark is included on flyers from here on out

Phone Lines

Everything is running smoothly. No new people but all is going well. We do need more women on the phone lines.

Regional Public Relations

Chair Michelle (805)946-6044

Mike has texted back and forth with Michelle but she is only doing H&I, not PR as a whole we will

bring this up the the RCM so she can let us know what's going on. In January RSC will be here in SLO, We have no idea what's going on with Regional Public Relations, if we can at least find out if there will be a workshop on PR, H&I, and PI. It's not too late at present but if we wait too long, it will be. Bull is going to put a little bit of pressure on ASH and Matt is going to speak to Marielle about getting Sponsorship Behind the Walls up and running at ASH. Mike stated that ANY piece of NA literature has an address for NAWS so any member can write to them.

H&I

Stanley (805)296-0076.

CMC East Kurt (805) 471-7644

They need people to volunteer. Bart and Karl have been going out but they need more people. One year clean one year off paper. Once one is off parole they are immediately eligible to join this panel.

SM "Good Sam's" Detox: Jack (805) 458-3556

All panels are full, no dark nights. We are still looking for a Panel Coordinator.

CAPSLO 40 Prado Homeless Shelter: Greg (805) 704-4632

Going well no dark nights about three members coming in for panel.

San Luis Obispo County Jail

Need male volunteers for all nights, for women we only need volunteers for Thursday night.

Santa Barbara N. Branch Jail: Mike R (805)215-4215

One dark night because they wouldn't let Mike in; the unit he goes into is on fire for NA and are having meetings when Mike isn't there. Debra says that she doesn't know who's going to the women's side. We need more women, one year clean two years off paper. Contact Mike to get involved.

ASH: Bull (805) 550-8140

Two new members going in and has a few applications out. He is always grateful after doing this panel.

Sun Street Center (34 Prado): Bull (805) 550-8140

All is going well about six people are going in, always need more people 6 months clean time for volunteers

Bridge House: Jamie and Jeremy (805) 742-9654

Stanley will reach out to them now that he has contact information. They are changing their meeting time to seven starting in December.

Another Road: Joel (805)588-966

Going well, all but one week was covered.

Recovery Way: Melissa G.(805)315-2063

Going well. No dark nights, things are going well.

JSC: Heidi (805-610-5099)

June 2026 is the only upcoming On Boarding this was discussed. If there are people who want to get involved the facility would be willing to do another On Boarding but until then the only one scheduled is not for another six months or so.

ECHO Homeless Shelter Joe B

Only one dark night. They go to Paso every week.

Pathways

Debra (805)930-5758

one dark night but everything is going well.

FCC

Mike R, (805)215-4215

Mike is still waiting on the results for his clearance.

Old Business.

We need a Vice Chair. Still need a secretary and a H&I Panel Coordinator. Various means of getting people more involved with PR were discussed.

New Business

Getting a zoom meeting to the inside the facilities was discussed, it boils down to getting Regional PR up and running. Mike went to the PI and H&I workshop at the convention and they are about ten years behind us but they loved our QR cards. We are in the process of training Bart to replace Stanley in the next year.

New Zoom ID for Public Relations meeting; 846 8611 4544 no passcode

Next Meeting

January 25, 2026 at 3 pm at the SLO Alano Club.

Meeting closed with the Serenity prayer @ 4:07 pm

We are wondering why more people don't get involved so we are asking the GSR's to bring this back to their Groups to help get people more involved. This was discussed.

BTWS

The committee is functioning well.

- We still have open commitments:
 - ' Open Positions –
 - Vice Chair
 - Alternate Secretary
 - Fellowship Coordinator

Literature

Reports

Chair

Last NAWS order submitted

Date: 12/29/2025

Order Details:

Subtotal: \$563.17

Order discount: \$-33.00

Shipping: \$48.00

Tax: \$40.52

Total: \$618.69

The updated price list for Literature is being passed out to all GSRs. The committee spent \$80 on schedules and connect cards but they are thinking that they think that \$60 will cover it. Online orders are due the 3rd Sunday of the month at 5 pm. NAWS is backed up with orders it will take two weeks to receive our orders They need another member to keep functioning, they need a secretary with one year clean and a willingness to learn Google Docs, etc. You can text Jessica and she will get you the information to attend the meeting. 661-549-5512

Activities

Cody is the new Activities Chair. Still need a Vice chair and vice treasurer. Both positions will time out in January 2027 and we need to get people trained to step into the lead positions as soon as possible.

Open with Serenity Prayer-

12 Traditions – Cody L.

12 Concepts – Teresa D.

Roll Call-

Cody- Vice Treasurer

Bryce-Treasurer

Teresa- Secretary

Rhian-Vice Chair-

Vacant- Chair

Members at large- Jessica, Luis, Adrienne

Visitors- 0

Minutes - Approved

Treasurer Report –Approved

Beginning Balance: \$5719.48

Deposits/Credits: \$ 950.00

Withdrawals/Debits: \$3215.52

Ending Balance: \$3553.96

OLD Business-

Bryce ordered decorations for NYE \$202.90

Rachel Mallory tickets

Luis gave Bryce money for tickets

25 tickets left for day of NYE

Band will be there at 5:00 pm

Buy Food for 125 people head count

Luis to take Rachel's 10 tickets

Jeff's 20 tickets

Day of NYE Volunteers serve food/ clean up 5pm

U haul Rental- Bryce and Rhian 10am

Storage

Costco

Get key for Portuguese Hall

Wood from Luis for \$75

Jeff wood?

WOOD

Luis is going to stay not leave

Neon shirts for Activities Committee-Black T-shirts

70 lbs tri tip

4 cans beans

6-8 big bags salad

Extra bread 12-15 loaves

Box of chips

Food \$400-\$600

Costco cookies

Vegan Sausage

Bryce and Rhian go to storage on January 2 nd . To put everything away.

6A one Re-election; One year
Duties and Functions at events
Self- review changed back to Area
Submitted to Area

Next Year and Elections

8 baskets to be collected. +
New Business-
\$1200 deposit for NYE 2026
Empty Chair Position
Cody officially voted in as chair
Rhian officially resigned as Vice Chair
Announce to area for one month Vice Chair Vice Treasurer position
Expectation- must be willing to ascend to Treasurer and Chair
Next years Events-Timelines Locations
Cupid's Crush Santa Maria 2/14 Saturday 12:45 1-2:30
50/50 Raffle \$10 per person Waiver
2 Lines of people to get in faster
1.5 hour event
Out and gone by 3pm
Santa Maria Costco Pizza \$120- 10 Pizzas-Sell hats
Jessica to get Pizzas
Bryce get cases of water
Day of the Dinosaur 4/11/26 Saturday- AG-Odd Fellows in SLO?-Need BBQ Pit
Santa Maria Elk's Club? \$1800 women's Club-Hope Church-Masonic Hall SM
Vet's Hall Lompoc- Bryce Research
6/6- Saturday- Fun in the Sun-Avila
8/8- Atascadero Kiwanis Club-Hot Summer Nights- Pavilion 8/7?
9/12th or 19th Saturday Unity Day Waller Park #7 Bryce to look into and lock
10/24 Saturday Freakfest Locations?
Next event is Cupid's Crush there is a flyer on the website.

Treasurer

Old Balance: \$2,064.11
Expenses: \$1490.97
Income: \$1213.18
New Balance: \$1786.32
Sent RSC \$500 and paid Jessica \$82.65 for printing

Meeting News

STM Speaker Meetings: 8 pm January 31 the speaker is Jocelyn M; Santa Maris Survivors speaker meetings January 17 the speaker is Adrienne A and the ten minute speaker is Jessica W. last Wednesday of the month January 28 the speaker will be Brandon P with 31 years clean. April 18 Sadie Hawkins Speaker/Dance 6-10 pm. \$10 for the dance. Speakers TBA. The Off the Rock literature study in Morro Bay is starting the SPAD on January 15.

Old Business

None

New Business

Remove Jacob Landers from the Bank Account at Well's Fargo and add Joshua Ibe to it. Kurt will call

Well's Fargo to see what we need to do.

How do we stimulate people to get involved with service? This was discussed. We need an Ad-hoc committee to audit the Activities Financials. 1/14 5:30 pm. Jacob, Joshua and Veronica This was discussed. We also need to audit ASC's financials. This will be tabled until next month. Marielle asked if she needed to help out Activities for non profit rates, this was discussed

Elections

Still need a Vice Chair, RCM 2 and Co Treasurer at ASC; a Vice Chairperson and a Secretary for PR and a secretary for Literature.

Requirements can be looked up online at www.centralcoastna.org

Meeting closed at 4:25pm with the Serenity Prayer

Zoom ID: 826 8602 3456 no password